

Founded 1928

MIMA NEWSLETTER

INDIAN MEDICAL ASSOCIATION

Book - Post
Reg. No. 5/1934



MADURAI BRANCH

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Email : imamaduraibranch@yahoo.in Website : www.imamaduraibranch.org



VOLUME XXIII

ISSUE 4

MONTHLY NEWSLETTER

APRIL 2021

PRICE Rs. 5/-

7th April - World Health Day | 17th April - World Hemophilia Day



CME on "BONE HEALTH IN MENOPAUSE" - 08.03.2021



CME on "LIVING WELL WITH KIDNEY DISEASE" - 11.03.2021



CME on "RECENT UPDATES IN ONCOLOGY TREATMENT" - 19.03.2021

24th April - World Meningitis Day | 25th April - World Malaria Day

If undelivered please return to:

Dr. M. Amanullah

Hony. Secretary,

Indian Medical Association

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APRIL 2021



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98947 64672



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President
98944 12390



Dr. R.R. Vijayakumar
Hony. Finance Secretary
94434 39935



Dr. R. Mahalingam
Vice President
94434 56078



Dr. N.J. Manivannan
Joint Secretary
96292 54247



Dr. V.N. Alagavenkatesan
Imm. Past President & President Elect
97877 28505

APRIL MONTH PROGRAM

| Date | Time | Subject | Speaker |
|------------|---------|--|--|
| 10.04.2021 | 8.30 PM | Newer Antihypertensives : Pros and Cons | Dr. M. Jawahar Farook, M.B.B.S., DNB (Gen Medicine) DNB |
| | | Demat Stocks : Boon or Bane? | Thiru. S. Nagendradass, Cluster Manager, Thiru R. Shivanath, Sales Manager, |
| 20.04.2021 | 4.00 PM | Drug Induced Endocrinopathies | Dr. V. Kumaravel, M.D., M.Sc.(Diab.), DNB(Endo), |

Legal Consultants

Mr. C. Karthik 99942 66443
Mr. Panner Selvam 97894 20006

MAGAZINE COMMITTEE

Editor : **Dr. M. Amanullah**
Associate Editors : **Dr. N. Vijaya Sankaran**
 Dr. R. Rajeev Ayyappan
Members : **Dr. V. Kumaravel**
 Dr. K. Arun, Dr. V.K. Aravind

Published on behalf of IMA MADURAI BRANCH by
Dr. M. Amanullah
Hony. Secretary, Indian Medical Association
No.1, Panagal Road, Madurai - 20.
Cell: 0 98947 64672
Email: dr.amanullah16@yahoo.com

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| Welcome to the Fold of IMA | - 16 & 18 |

Printed by : R.D. Nagarajan, Sudharsan Printers, 27, Mahal 6th Street, Madurai - 625 001.
Ph : 0452 - 4980604 *Mobile : 98431 55140 * Email : sudharsanprinters1@gmail.com



President Message

APRIL 2021 

Respected Seniors and Colleagues !
Greetings!

It is really a great pleasure to communicate with our Professional Colleagues through this column once a month. I wish all our colleagues a happy and prosperous Tamil New Year which begins in this month.

Though we are very much worried about 'Corona Pandemic' -? Second wave - in our state, we are moving in a very crowded atmosphere due to Tamilnadu State Assembly Elections. However as members of Medical Profession let us always wear mask, soap and water hand washing and observe social distancing along with preventive vaccination will go a long way in protecting us from COVID-19. But at the same time let us see that our patients, attenders, HCWs all should move in the hospital following all the protocols of Covid-19, otherwise we may likely to be fined by the members of the Revenue Department. Our branch is the first in the state to organise a 'Current Covid-19 Surge and Preparedness' in our IMA at the initiative of the JDHS and also addressed by JDHS, Nodal officers, Dr.Vivekanandan Pulmonologist which was really a very useful one. It is my duty to thank JDHS and his team for this splendid work.

I wish each and everyone of you to exercise your franchise in the Assembly Election by voting the correct person on 6th April and fulfil the democratic duty.

We successfully organised 4 CME programmes, and the regular work of IMA Madurai Branch such as Building Improvement Committee Meeting, Magazine Committee Meeting, Governing Body Meeting in this month. We celebrated Women's Day, World Kidney Day also in this month.

Myself, Secretary, Dr. Amuthan, Dr. Vijayarathnam, Dr. Alagavenkatesan, Dr.S.G.Balamurugan, Dr. Aneeth Jegaraj attended the 307th State Council Meeting at Gobichettipalayam on Sunday the 21.03.2021.

We have decided to refurbish our IMA building. So we have planned to undertake repair work of ASI Hall, equip the Hall with Audio Visual Aides, stage and adjoining two rooms to be given facelift with modern Dressing Tray etc, cleaning the campus especially on eastern side to plant saplings as per the suggestion of TNSB. So we request our members to donate liberally and those who donate Rs.25000/- and above will be honoured by displaying their photographs either in the ASI Hall or Dining Hall as per their wish. I must thank our Secretary Dr. M. Amanullah who has donated Rs.25000/- by cheque. The list will be posted in IMA Whatsapp groups.

Myself and Secretary attended a meeting in Pollution Control Board Office and at the request of them we have contacted about 46 Nursing homes through personal letter and later Whatsapp message to complete their process of registration in PCB on or before 31st March 2021.

**UNITY IS OUR STRENGTH
LONG LIVE IMA.**

Thanking You

Always in IMA Service

R. Ravindran

(Dr. R. Ravindran)



IMA ACTIVITIES FROM 20TH FEBRUARY TO 28TH MARCH



APRIL 2021

Secretary's Report



Respected Colleagues!
Greetings!!

I am extremely pleased to write to you through this column and as usual our branch was full of activities. I must thank our president, office bearers and the learned members for their whole hearted cooperation in implementing all our programmes in a commendable way.

CME'S IN THE MONTH OF MARCH IMA TNSB CGP CME IN MADURAI IMA AS FLOOR MEETING:

| Date | Time | Subject | Speaker |
|------------|------------------|---|---|
| 07.03.2021 | 10.00AM - 4PM | ACUTE FEBRILE ILLNESS | DR. S. RAGUNANDHANAN, Prof. Medicine Faculty IDIC Course. |
| | | Acute febrile illness in Paediatrics. | Dr.K.Neminathan, Course coordinator IDIC Course. |
| | | Lab. Diagnosis in Acute febrile Illness | Prof. Dr.J.Suriyakumar, Microbiology |

IMA Madurai branch CME's as floor meetings:

| Date | Time | Subject | Speaker |
|------------|---------|--|--|
| 08.03.2021 | 4.00 PM | BONE HEALTH IN MENOPAUSE | Dr. N.K. Mahalakshmi, M.D., DGO., |
| 11.03.2021 | 1.30 PM | HYPERTENSION AND CKD | Dr. M. Sivakumar, M.D., D.M., |
| | | DIABETS AND CKD | Dr. T. Dhinakaran, M.D., MNAMS., D.M., |
| 19.03.2021 | 1.30 PM | Management of Radiotherapy Treatment in Post COVID Era" | Prof. Dr. K. Mahalakshmi Prasad, M.D., (RT), |
| | | "Landmark Changes in Cancer Surgeries in Post COVID ERA" | Dr. A. Jagadish Singh, M.S., M.Ch., |

- 20.02.2021 : Secretary wrote a letter to TNSB NHB Chairman Dr.Sridhar seeking clarification with regard to G.O. 2018 as far as staff salary concerned.
- 22.02.2021 :Secretary thanked our J. D. Dr. Venkatachalam for issuing CEA to Dr.Ramakrishnan of Muthukumar clinic of Villapuram Secretary also directed Dr. Sivakumar of Preethi Hospital to contact Dr. Natarajan for CEA which is pending for quite sometime.
- 23.02.2021: President and Secretary inspected IMA Building and Campus with an idea of refurbishing and making more attractive to generate more income to the IMA.
- 27.02.2021: A copy of G.O. MS. 116 of 2019 was posted in the IMA groups for the benefit of members to take a print out and to be kept in their chamber to be shown to visiting Labour Dept. officials.
- 01.03.2021: Received mail from IMA HQs for a CME with GSK. Secretary sent a message requesting IMA HQs to provide the contact No. of GSK.
- 01.03.2021 - 05.03.2021 : Secretary attended to the work of MIMA MARCH issue. And signed one application for FSS for Dr. Srinivasan.
- 06.03.2021: Magazines posted to all the members.
- 09.03.2021: BIC Meeting under the presidentship of President Dr.R. Ravindran.
- 11.03.2021: Governing Body Meeting Agenda was sent to all the G.B. members fixing the date of G.B. meeting on 18.03.21.
- 17.03.2021: President and Secretary were requested by the Pollution Control Board of Madurai to come to their office for discussion with regard to the non-payment of dues of some members and not providing concerned letters, auditor's property valuation certificate, and BMW authorisation for the year 2021 of some of the members. We promised the officials that we will contact the concerned doctors to do the needful within a few days, so that the officials will be able to send a detailed report to the higher authorities on or before 31st March.
- 18.03.2021: Today our Governing Body meeting is now held in our IMA Madurai branch A/C Hall at 1:30PM under the Presidentship of our President Dr. R. Ravindran.
- 21.03.2021: President, Secretary, Dr Amuthan, Dr Vijayarathnam, Dr Alagavenkatesan, Dr Balamurugan and Dr AneethJegaraj attended SCM at Gobichettipalayam.
- 22.03.2021: After sending personal letters to the 46 members as instructed by PCB, Secretary posted a message in all 5 Whatsapp groups the list of Nursing Homes to speed up their processing of their application in the PCB on or before 26th March 2021.
- 25.03.2021: A CME on 'Current Covid Surge and Preparedness' in IMA initiated and addressed by JDHS and team. Magazine Committee meeting was held in IMA under the Presidentship of our President.

With Regards !

(Dr. M. Amanullah)



INDIAN MEDICAL ASSOCIATION
Madurai Branch



IMA Academy of Medical Specialists, Madurai
You are cordially invited for the Symposium

Date : 10.04.2021, Saturday
Time : 8.30 PM, Venue : IMA A/C Hall

PROGRAMME

- 8.30 PM : Dinner
- 9.00 PM : **Dr. N.J. Manivannan,**
Prayer Joint Secretary, IMA Madurai
- Welcome : **Dr. R. Ravindran,**
Address President, IMA Madurai
- Reading of : **Dr. V.K. Aravind,**
Minutes Secretary, IMA AMS, Madurai
- Introduction: **Prof. Dr. V. Amuthan,**
Chairman, IMA AMS TNSB
& Madurai
- Chairpersons: **Prof. Dr. V.N. Alagavenkatesan,**
MD., Professor of Medicine
Prof. Dr. J. Jeba Singh, MD., DM.,
Associate Professor of
Medical Oncology
- 9.15Topic : **“Newer Antihypertensives :
Pros and Cons”**
- Speaker : **Dr. M. Jawahar Farook,**
M.B.B.S., DNB (Gen Medicine) DNB
Cardio MNAMS FNB Interventional
Cardiology Interventional Cardiologist,
Ramanathapuram
- 9.35Topic : **“Demat Stocks : Boon or
Bane?”**
- Speaker : **Thiru. S. Nagendradass,**
Cluster Manager, &
Thiru R. Shivanath,
Sales Manager,
SBICap Securites Limited, Madurai
- 9.55PM : Discussion
- Vote of : **Dr. M. Amanullah,**
Thanks Hon. Secretary, IMA Madurai

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APRIL 2021



INDIAN MEDICAL ASSOCIATION
Madurai Branch

You are cordially invited for the CME on

“ENDOCRINOLOGY”

Date : 20.04.2021, Tuesday
Time : 4.00 PM, Venue : IMA A/C Hall

PROGRAMME

- 4.00 PM : Tea
- 4.30 PM : **Dr. N.J. Manivannan,**
Prayer Joint Secretary, IMA Madurai
- Welcome : **Dr. R. Ravindran,**
Address President, IMA Madurai
- Reading of : **Dr. M. Amanullah,**
Minutes Hon. Secretary, IMA Madurai
- Chairperson : **Dr. R. Gobinath, M.D.,**
Senior Diabetologist, Madurai.
- Topic : **“Drug Induced
Endocrinopathies”**
- Speaker : **Dr. V. Kumaravel,**
M.D., M.Sc.(Diab.), DNB(Endo),
Hony. Professor, IMA CGP and
Director & Endocrinologist,
Alpha Hospital, Madurai
- Interaction
- Vote of : **Dr. M. Amanullah,**
Thanks Hon. Secretary, IMA Madurai

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மறைமுக பிரச்சனைகள் - நூல்

குழந்தையின்மை, பாலியல், மறைமுக பிரச்சனைகள் நூல்கள்-மூன்று முறை அரசு விருதும், தங்கபதக்கமும், சர்வதேச, விருதுகளும், காங்கீரஸ், தி.மு.க., எம்.ஜி.ஆர்., விருதுகளும், சென்னையில் மருத்துவமாமணி, கோவையில் சேவைச் சிகரம், மதுரையில் மதுரையின் மாத்ருதும் விருதும் பெற்ற பாலியல் நிபுணர் :டாக்டர் என்.என். கண்ணப்பன் - SEXOLOGY & S.T.D துறைகளில் 41 ஆண்டுகளுக்கு மேல்.



சுப்ரீம் கோர்ட் ஐடஜ்
திரு. ஏ.ஆர். லெட்சுமணன், டிரயக்டர்வசலம்



ஹைகோர்ட் ஐடஜ்
திரு. சொக்கலிங்கம்



ஹைகோர்ட் ஐடஜ்
திரு. A.சுப்ரமணியன், நடகர் பிரசாந்த்



நுகர்வோர் நீதிமன்ற ஐடஜ்
திரு. சாமிதுரை, ரேவதி, நாசர்



போலீஸ் கமிஷனர்
திரு. ராதாகிருஷ்ணன், V.N. சிதம்பரம்



போலீஸ் கமிஷனர்
திரு. ஜாங்கிட்



போலீஸ் கமிஷனர்
திரு. நந்தபாலன்



போலீஸ் கமிஷனர்
திரு. சிதம்பரசாமி



கலெக்டர்
திரு. கிருஷ்ணசாமி ராஜீவன்



கலெக்டர் திரு. காசிவிஸ்வநாதன்,
போலீஸ் கமிஷனர்



கலெக்டர் திரு. வரதராஜலு
கமிஷனர் திரு. K.V.S. மூர்த்தி



கலெக்டர்
திரு. ககன் தீப் சிங் பேடி

I.M.A. மதுரை கிளையில் முதல் ஆயுள் உறுப்பினர் பாலியல் துறையில் 41 ஆண்டுகளுக்கு மேல் அரிமா இயக்கத்தில் 40 ஆண்டுகளுக்கு மேல்

Dr. N.N.கண்ணப்பன், செக்சாலஜிஸ்ட், செக்சாலஜி கிளினிக்

4, சர்வேயர் காலனி To மாட்டுதாவணி 120 அடி ரோடு, K. புதூர், மதுரை -7.



FROM THE EDITOR'S DESK



**Dear Esteemed members,
Greetings!**

I wish our members to celebrate the Tamil New Year's Day with pomp and glory. Let the Tamil New Year bring good luck, fortunes and happiness to all of us.

The date of polling falls in this month. I know pretty well that our learned members will only vote for those who will serve the people with true patriotism unmindful of personal gains.

Our war against MIXOPATHY is not over. IMA HQs has filed a case against Mixopathy in the Supreme Court and following it carefully with great attention and extra care.

We are all aware of current Covid surge in our country. In Tamilnadu, new cases touching 2000 per day at the time of writing this message. In fact we are the first to conduct a CME on the preparedness to fight COVID-19 most effectively at the initiative of JDHS Madurai addressed by JDHS Nodal Officer and Dr.Vivekanandan Pulmonologist. We hope that we will be able to control the spread with the standard protocols of COVID-19 which are familiar to us namely testing, treating, triaging, home isolation, admission etc. Let us stress the importance of Mask, observing social distancing, and hand washing. Above all we have already vaccinated 23 lakhs doses of Vaccine till date and another 16 lakhs will be completed in another 10 days as per our Director of Public health and preventive medicine of our state. We may get another 10 lakhs doses very soon according to him. We wish and pray that we will be able to control COVID-19 most effectively with all the above measures.

Always in IMA Service


(Dr. M. Amanullah)

BUILDING IMPROVEMENT COMMITTEE MESSAGE

**Dear Esteemed members,
Greetings!**

IMA Madurai Branch Building Improvement Committee meeting was held on second Tuesday the 9th March 2021 in our IMA A/C hall under the presidentship of our president Dr. R. Ravindran.

BIC Chairman Dr. M. Amanullah conducted the proceedings.

Hony. Finance Secretary Dr. R.R. Vijayakumar submitted the financial statement for the month of February 2021 and it was approved unanimously.

The following resolutions were passed unanimously:

- 1) To purchase electrical appliances for Audio Visual Aid which is to be kept ready for the ASI hall.
- 2) To refurbish the ASI Hall, Kitchen, Stage, the two rooms on both sides of the stage, equipping them with modern furniture.
- 3) Cleaning of the campus especially on the Eastern side to facilitate planting saplings as per the TNSB suggestions
- 4) Hence it was unanimously decided to request our learned members to donate liberally and those who donate Rs.25000/- and above will be honoured by displaying their photographs either in the ASI Hall or in the Dining Hall as per their wish.
- 5) It was also resolved to request IMA to donate Rs.1 Lakh to BIC to help and speed up the activities.

IMA BIC Chairman/IMA Secretary donated Rs.25000/- by cheque for the BIC to the IMA President.


Vote of thanks: Hony Finance Secretary Dr. R.R. Vijayakumar proposed vote of thanks and the president adjourned the meeting.

With Regards!

| | | |
|--------------------------|-------------------------|------------------------|
| Dr. V.N. Alagavankatesan | Dr. N. Durairaj | Dr. A. Muthu Arumugam |
| Dr. V. Amuthan | Dr. V. Kumaravel | Dr. V. Rajagopalan |
| Dr. V.K. Aravind | Dr. R. Mahalingam | Dr. R. Rajeev Ayyappan |
| Dr. S.I. Arivazhagan | Dr. K.S. Mayilvaganan | Dr. R. Ravindran |
| Dr. K. Arun | Dr. P. Meenambal | Dr. V. Ravindranath |
| Dr. S. Babu | Dr. B.K.C. Mohan Prasad | Dr. S. Swaminathan |
| Dr. M. Chidambaram | | Dr. R.R. Vijayakumar |

Yours Sincerely


Dr. P. Vijayarathinam
Secretary


Dr. M. Amanullah
Chairman



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- ▶ SONOMAMMOGRAM with Elastography
- ▶ ULTRASONOGRAM
- ▶ ECHOCARDIOGRAM
- ▶ COLPOSCOPY, CRYOTHERAPY for cervical cancer.
- ▶ TUMOUR MARKERS, IHC, GENETIC SCREENING.



OUR TEAM:

Prof. **Dr. B.K.C. Mohan Prasad**, MS., MNAMS., M.Ch(Onc), FAIS., FAGE., FICA.

Dr. Sarala Prasad, MBBS., DA., MD.

Dr. A. Jagadish Singh, MS., M.Ch.(Onc), MRCS., FIALS.

Dr. M. Satishkumar, MS., M.Ch.(Onc), DNB., MRCS UK(Ed).

Er. Rajeev Sudharsan, MS., (USA)

Prof. **Dr. K. Mahalakshmi Prasad**, MD(RT).

Dr. K. Jeyanthi Prasad, MS(O&G), DNB(OG), FMIS.

Dr. Dhauna Prasad, MBBS., A.B.(Int. Medicine, Mayo Clinic, Rochester-USA)-Internal Medicine



11-A, Vinayaga Nagar, Opp. District Court, K.K. Nagar, Madurai - 625 020

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- ◆ CHORIONIC VILLUS BIOPSY
- ◆ MULTI FETAL REDUCTION

INTERVENTIONS

- ◆ THYROID FNAC
- ◆ PROSTATE BIOPSY
- ◆ BREAST FNAC / BIOPSY
- ◆ ASCITIC / PLEURAL TAPPING

ELASTOGRAPHY

- ◆ THYROID
- ◆ BREAST
- ◆ LIVER



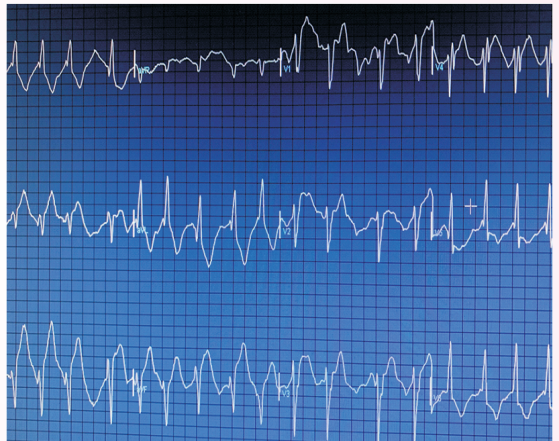


WORLD WOMEN'S DAY



ECG Quiz

55 year lady was admitted with sudden loss of consciousness with uneventful recovery. She had NYHA Class IV breathlessness, BP of 110/70 and her Coronary Angiogram was normal. Her ECG on admission is shown below. What is the ECG Diagnosis and what is the final diagnosis?



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THE INSTALLATION OF VOLUSON E10 RADIANCE
THE LEADER IN FETAL IMAGING**

**Doppler
Scans**

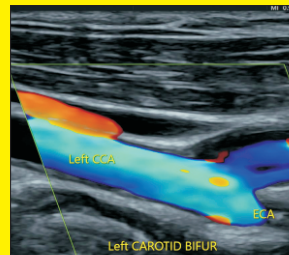
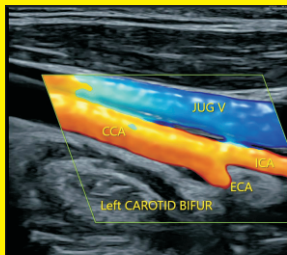
MADURAI



- First Color doppler 1991
- First 3D 4D Scan 2002
- First 3D Echo 2012
Fibro scan.
Speckle tracking.
Elastogram.
--- IU22
- First shearwave
elastography 2017
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Dr. M. Mohan Karthik DMRD; (DNB) RD



197, Kamarajar salai Madurai-09. Ph.no.0452-2626290, 91.



"Preparedness for Current COVID surge"

APRIL 2021



1. Quick isolation of COVID-19 patients shall be ensured in treatment facilities/ home (subject to fulfilling the home isolation guidelines).
2. Clinical interventions, as prescribed, shall be administered. Capacity building of health workers and professionals shall be an ongoing exercise, to be conducted at all levels, with a view to ensure that the prescribed clinical management protocol is understood clearly and administered accordingly.
3. The concerned agencies - of the Central and State/ UT Governments - shall ensure adequate availability of COVID dedicated ,health and logistics (including ambulatory) infrastructure, based on their assessment of the case trajectory.
4. Effective infection prevention and control practices shall be followed in treatment facilities and by health care workers and professionals.

COVID appropriate behavior

5. State/ UT Governments shall take all necessary measures to promote COVID-19 appropriate behaviour. Strict enforcement of wearing of face masks, hand hygiene and social distancing must be ensured.
6. Wearing of face masks is an essential preventive measure. In order to enforce this core requirement, States and UTs may consider administrative actions, including imposition of appropriate fines, on persons not wearing face masks in public and work spaces.
7. Observance of social distancing in crowded places, especially in markets, weekly bazaars and public transport, is also critical for containing the spread of the infection. SOP issued by Ministry of Health and Family Welfare (MoHFW) to regulate crowds in market places, shall be strictly enforced by States and UTs.
8. SOPs for regulating travel in aircrafts, trains and metro rails are already in place, which shall be strictly enforced. States and UTs shall issue necessary guidelines for regulating travel in other modes of public transport, e.g., buses, boats etc., and ensure that these are strictly complied with.
9. The National Directives for COVID-19 Management, as specified in **Annexure I**, shall be strictly followed throughout the country.

Strict adherence to the prescribed SOPs.

10. All activities have been permitted outside Containment Zones and SOPs have been prescribed for various activities. These include: movement by passenger trains; air travel; metro trains; schools; higher educational institutions; hotels and restaurants; shopping malls, multiplexes and entertainment parks; yoga centres and gymnasiums; exhibitions, assemblies and congregations, etc.



11. The SOPs, as updated from time to time, shall be strictly enforced by the authorities concerned, who shall be responsible for their strict observance.

Vaccination

12. Government of India has launched the world's largest vaccination drive against COVID-19. The National Expert Group on Vaccine Administration for COVID-19 (NEGVAC) provides guidance on prioritization of population groups, procurement & inventory management, and vaccine selection delivery and tracking. The recommendations of NEGVAC are considered and finalized by the Central Government.
13. While the vaccination drive is proceeding smoothly, the pace is uneven across different States and UTs; and, the slow pace of vaccination in some States/ UTs is a matter of concern. Vaccination against COVID-19, in the present scenario, is critical to break the chain of transmission. Therefore, all State/ UT Governments should rapidly step up the pace of vaccination, to cover all priority groups, as recommended by NEGVAC and approved by the Central Government, urgently and in an expeditious manner.

Local restrictions

14. States and UTs, based on their assessment of the situation, may impose local restrictions at district/ sub-district and city/ ward level, with a view to contain the spread of COVID-19.
15. There shall be no restriction on inter-State and intra-State movement of persons and goods including those for cross land-border trade under Treaties with neighbouring countries. No separate permission/ approval/ e-permit will be required for such movements.

Protection of vulnerable persons.

16. Persons above 65 years of age, persons with co-morbidities, pregnant women, and children below the age of 10 years are advised to take necessary precautions.

Use of Aarogya Setu

17. Use of Aarogya Setu may continue on best effort basis on compatible mobile phones. This will facilitate timely provision of medical attention to those individuals who are at risk.

Strict enforcement of the guidelines

18. All the District Magistrates shall strictly enforce the above measures. For the enforcement of social distancing, State/ UT Governments may, as far as possible, use the provisions of Section 144 of the Criminal Procedure Code (CrPC) of 1973.
19. Any person violating these measures will be liable to be proceeded against as per the provisions of Section 51 to 60 of the Disaster Management Act, 2005, besides legal action under Section 188 of the IPC, and other legal provisions as applicable. Extracts of these penal provisions are at **Annexure II**.



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Dr. V.S. Mohamed Al Ameen,
M.B.B.S., M.D.,

24, Royal Garden Main Road,
Royal Garden, Karuppayurani,
Madurai - 625 020. Ph. : 99942 06920



Dr. S. Pookamala,
M.B.B.S., M.S., DNB.,

1A, Vaigai Block, Velammal Doctors Quarters
Velammal Medical College,
Madurai - 625 009.



Dr. D. Nithya, M.B.B.S.,
MD., DM.,

24, Royal Garden, Karuppayurani,
Madurai - 625 020.



Dr. Divaker James Fenn, m.s.,

No. 5, E2 E2 Road, OCPM School 1st Stop,
Chinna Chockikulam, Madurai - 625 002.
Ph. : 98947 65152



Dr. A. Swarnadevi, m.b.b.s.,

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Dr. T. Deenadayalan,
M.B.B.S., M.D., DM.,
93, Kamatchi Amman Kovil Cross Street,
Mela Anuppanadi, Madurai - 625 009.
Ph : 99523 47659



Dr. Jirnal Praveen Peeraj,
M.B.B.S., DMRD.,
Gunji, Khanapur District, Belguam,
Karnataka, India.
Ph : 87189 81526



Dr. K.V. Arjun Kumar,
M.B.B.S., DPH.,
9, Navarathnapuram 1st street,
Kamarajar Salai, Madurai - 09.
Ph : 94422 17186



Dr. V.P. Raghava Kumar,
M.B.B.S., M.S.(Ortho), Fellow in Arthroplasty
Sri Raghavendra Clinc, 23, HIG,
80 Feet Road, Annanagar, Madurai - 20.
Ph : 97914 51961



Dr. M. Guru Prakash, M.B.B.S.,
Plot No. 20, Angupillai Street,
Gomathipuram 8th Main Road, Madurai - 20.
Ph : 88831 51617



Dr. S. Sivakumar, M.B.B.S.,
Plot No. 11, Senkundram Nagar,
Near TCE Road, Tiruparankundram,
Madurai - 05. Ph : 98946 61655



Dr. J.P. Janish Prabhakar, M.B.B.S.,
27, South Street, Singarayar Colony,
Narimedu, Madurai - 02.
Ph : 98437 07775



Dr. J. Senthikumar, M.B.B.S., MD.,
52, Kremmerpuram, New Jail Road,
Arasaradi, Madurai - 16.
Ph : 98434 48457



Dr. K.M. Ruban Chakravarthy,
M.B.B.S.,
3/368-11, Hospital Road, Paramakudi - 07.
Ramanathapuram District. Ph : 94867 63180



Dr. L. Nishanth, M.B.B.S.,
146/375, North Masi Street,
Madurai - 01. Ph : 85083 02030



Dr. J. Harish, M.B.B.S.,
MD., DM., PDF.,
4, Vaidhyanatha Iyer Street,
Shenoy Nagar, Madurai - 20. Ph : 97472 96467



Dr. P. Rama Shankari,
M.B.B.S., MD., PDCC.,

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enquiries@vadamalayan.org

No.649 A/2, Angu nagar, Chettinaikanpatty Village Road, Dindigul-624004
Ph:0451 3561000 (100Lines) / 2461000 Email : info@vadamalayan.org

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