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INDIAN MEDICAL ASSOCIATION



MADURAI BRANCH

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DECEMBER 2021

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02.11.2021 - COVID Warrior Award Function



CME on Basics of IVF Female & Male Factor - 13.11.2021



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Dr. K. Arun, Dr. V.K. Aravind

 ${\it Published on behalf of IMA\ MADURAI\ BRANCH\ by}$

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Hony. Secretary, Indian Medical Association

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Dear Esteemed Members,

Greetings!

It is my pleasure to write to you for the December edition of our IMA News Letter and it gives me immense pleasure for your co-operation, guidance, encouragement in all our IMA activities throughout this Academic year 2021



You all know that our State has experienced torrential rains in many districts in general and Chennai in particular. After long years we have had surplus rainfalls that too`Adai Mazhai' this year and you are surprised to see everywhere Greens! At last Varna Bhagavan has blessed us with enough Varsha.

In our IMA Madurai Branch Secretary has called for the IMA election 2022 as per the guidelines of our byelaw. Since there is no `President Elect' for the year 2021, TNSB has directed the IMA Madurai Branch Secretary to be the Election Chairman/Returning officer for the IMA Madurai Branch 2022.

TNSB has also directed us to conduct the `President Election 2022' election separately observing all the norms.

We had an enquiry Committee Meeting with National IMA in Zoom Platform on 18th November and we thanked them whole heartedly for their guidance to negotiate with the TN State office and settle the `Election Dispute' amicably.

Accordingly on 19th November 2021, Myself and Secretary of Madurai Branch along with the TNSB State President and Secretary arrived at a mutual consensus, signed the `MOU' regarding the Election Dispute.

On 20th November on behalf of IMA Madurai Branch President Presented the Election Dispute `MOU' to the General Body which was accepted in the floor.

With united support from all quarter along with a profound sense of optimism we march forward once again serve and rebuild our community.

With Regards!

Always in IMA Service

R. Ravindran

(Dr. R. Ravindran)







Respected colleagues! Greetings!

I am very much delighted to write to our learned members as honourable Secretary of one of the largest branches in India-Madurai. As you all know Madurai is experiencing good rains throughout this month. A very pleasant climate we enjoy in this month. This gives all of us energy, enthusiasm, to work nonstop in the daytime with happiness and great success.



CME - November 2021

- 13.11.2021: We organised one CME programme "Basics of IVF male and female factor" on behalf of ladies' forum of our branch at 1.30pm sponsored by SUDHA HOSPITALS FERTILITY MOTHER and CHILD CARE CENTRE.
- 02.11.2021: We had a mega event in our IMA at 1.30pm "Honouring Covid Warriors of Madurai IMA" 10 Doctors, 10 Nurses and 10 Health care workers were honoured. We thank Dr. JAYALAL, President IMA National was the Chief Guest. IMA and Muthoot Group of Companies jointly organised the programme. We thank the Muthoot group for their excellent co-operation in this programme.
- 11.11.2021: District Collector Dr.Anish Sekar distributed the relatives of 'Covid Warriors' who have sacrificed their lives in the Corona battle at 3.00pm in the collectorate much to the satisfaction of our IMA. We must thank Dr.Venkatachalam, Joint Director of Health Services, Dr.Alagavenkatesan, Nodal Officer, Dr.Samy for their help and co-operation in making the function a grand success.
- 02.11.2021: Hony. Secretary has called for the Election of Madurai IMA-2022 in the November magazine following the norms in the procedure as per our Byelaw.
- 14.11.2021: IMA Secretary received a letter from secretary TNSB to have a discussion with regard to IMA 2022 at 10.00 am in Trichy IMA. We could not do so due to our prior commitments.
- 18.11.2021: There was an enquiry by IMA HQ at 8.00 pm in zoom with regard to the election 2022.

 President and Secretary were participants.
- 19.11.2021: President and myself went to Trichy IMA for further discussion and solvation with regard to the IMA Election 2022 with state President Dr. Ramakrishnan and state secretary Dr. A.K. Ravikumar.
- 20.11.2021: IMA Madurai General Body meeting was organised in our IMA ASI HALL with regard to the IMA ELECTION 2022 – and to discuss the issue threadbare. Secretary produced the 'Letter of Consonance' signed by the President TNSB, Secretory TNSB, President IMA Madurai and Secretary IMA Madurai.
- 25.11.2021: The Governing Body meeting of IMA Madurai Branch was held in our IMA under the Presidentship of our President.

With Regards!

Always in IMA Service

(Dr. M. Amanullah)



FROM THE EDITOR'S DESK



Dear Esteemed Members. Greetings!

I am immensely pleased to write to you through this column in our Madurai IMA Newsletter. I am very thankful to our President and other Office Bearers, Governing Body members who have given me wonderful support, guidance, and cooperation in carrying out the IMA activities very much to the satisfaction of all members of our IMA.

As you all know this Corona Pandemic paralysed our activities to a certain extent but still we are lucky enough to comeback to almost normalcy in the last few weeks.

One of the happiest events in our IMA was that we had the opportunity of "Caring and Honouring Covid Warriors" twice, one was on 3rd January 2021 and another was on 2nd November 2021.

One of the saddest events in our IMA was that on 11th November 2021, our respectful collector Dr Anish Sekar distributing the solacium from the Honorable Tamilnadu Chief Minister's relief fund to the legal heirs of the martyrs who have sacrificed their lives in the fight against Covid-19. However IMA considers this event as a token of togetherness with their families.

Let us not forget to follow the Covid behaviour and try to bring our nation into the "Corona Free Zone".

BUILDING IMPROVEMENT COMMITTEE MESSAGE

Dear Esteemed Members.

Greetings!

IMA Madurai Branch Building Improvement Committee meeting for the month of November 2021 was held on second Tuesday the 09.11.2021 at 05.00 pm. BIC Chairman Dr. M. Amanullah chaired the meeting and welcomed the Madurai IMA President, BIC Secretary, IMA Finance Secretary and BIC Members.

BIC Secretary Dr.B.K.C.Mohan Prasad read the minutes of the previous month meeting and IMA Finance Secretary Dr.R.R.Vijayakumar submitted the financial statement for the month of October 2021 and both were approved unanimously by the floor.

The following resolutions were passed unanimously.

- 1. The work on CCTV camera and facilities for the corporation water supply will be taken up.
- 2. The dormitory will be shifted to the first floor and rooms to the ground floor in the proposed new building.
- 3. Instead of two dormitories, only one dormitory will be provided and the other dormitory will be converted intorooms.
- 4. One of the rooms in the ground floor will be converted into office cum Reception room.
- 5.3 quotation will be called for the new building which will be put up in the Governing Body.
- 6. Solar power installation will be considered after the financial position improves.

The meeting was adjourned with vote of thanks by Dr. Vijayarathnam, the Scrutiny Officer

Dr. M. Amanullah

Chairman

Dr. V.N. Alagavenkatesan

Dr. V. Amuthan

Dr VK Aravind

Dr. K. Arun

Dr. M. Chidambaram Dr. C. Dharmaraj

Dr. N. Durairaj

With Regards!

Dr. V. Kumaravel

Dr. R. Mahalingam

Dr. K.S. Mayilvaganan

Dr. P. Meenambal

Dr. P. Prakash Karath Dr. V. Rajagopalan

Dr. R. Rajeev Ayyappan

Dr. R. Ravindran

Dr. S. Somasundaram

Dr. S. Swaminathan

Dr. R.R. Vijayakumar

Dr. P. Viiavarathinam

Dr. S.C. Vivekanathan

Yours Sincerely

Dr. B.K.C. Mohan Prasad Secretary



செக்சாலஜி துறையில் 42 ஆண்டுகளுக்கு மேல்



குழந்தையின்மை, பாலியல், மறைமுக பிரச்னைகள் நூல்கள்-மூன்று முறை அரசு விருதும், தங்கபதக்கமும், சா்வதேச, விருதுகளும், காங்கிரஸ், தி.மு.க., எம்.ஜி.ஆா்., விருதுகளும், சென்னையில் மருத்துவமாமணி, கோவையில் சேவைச் சிகரம், மதுரையில் மதுரையின் மாத்ருபூதம் விருதும் பெற்ற பாலியல் நிபுணா் :டாக்டா் என்.என். கண்ணப்பன் - SEXOLOGY & S.T.D துறைகளில் 42 ஆண்டுகளுக்கு மேல்.



முதல் முறை அரசு விருது



இரண்டாம் முறை அரசு விருது



மூன்றாம் முறை அரசு விருது



நான்காம் முறை அரசு விருது



மதுரை I.M.A. யில் கௌாவம்



சென்னை–கௌரவ டாக்டர் பட்டம்



மதுரை I.M.A. யில் கௌாவம்



சென்னை–சர்வதேச செக்சாலஜி கருத்தரங்கு



இளம் சாதனையாளர் விருது "ஜேசீஸ்"



சாதனையாளர் விருது "ஜேசீஸ்"



<u>சாதனையாளர்</u> விருது "லயன்ஸ்"



வாழ்நாள் சாதனையாளர் விருது – சென்னை

Dr. N.N. குண்ணப்பன், செக்சாஜைஸ்ட் செக்சாலஜி கிளினிக்

4, சாவேயா் காலணி To மாட்டுதாவணி 120 அடி ரோடு, K. புதூா், மதுரை – 7.

- I.M.A. மதுரை கியைில் முதல் ஆயுள் உறுப்பினர்.
 பாலியல் துறையில் 42 ஆண்டுகளுக்கு மேல்.
- அரிமா இயக்கத்தில் 40 ஆண்டுகளுக்கு மேல்.



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INDIAN MEDICAL ASSOCIATION **MADURAI BRANCH**

ELECTION - 2021 NOTICE

Notice is hereby issued for election 2021 on Saturday the 4th December 2021

Nominations are called for Election of the following post of Office Bearer of the Indian Medical Association, Madurai Branch for the year, 2021

1. President Elect 2021

The Nomination forms are available at IMA Office No. 1, Panagal Road, Madurai-20 on all working days (except on Sundays) from 4th December 2021 to 24th December 2021 between 10.00 a.m. to 5.00 p.m. Please collect the form in person. The Nominations must be sent to Hony. Secretary Dr. M. Amanullah on or before 5.00p.m. on 24th December 2021.

Withdrawal of Nominations could be done on or before 5.00p.m. on 27th December 2021 Election if any will be conducted on 30th December by Election Officer.

A Nomination fee of Rs.2,000/- (Two Thousand) to be paid for the post of President Elect along with the nomination form.

Eligibility to contest for the Post of President Elect - 2021 (Rule No.20(c) - I to V)

- Those members who have five years of life membership.
- ii) Five years of Governing Body Membership.
- iii) 30% attendance in monthly meetings of previous year.
- iv) 50% attendance in Governing Body Meetings.
- v) Have no arrears for IMA Madurai Branch.

IMA, Madurai Branch

Dr. M. Amanullah No. 1, Panagal Road, Madurai - 625 020. Returning Officer / Election Chairman

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Date: 04.12.2021

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மதுரை மருத்துவக்கல்லூரி

Dr. P. Namperumalsamy, M.S., D.O., FAMS., Chairman Emeritus, AECS

- Undergraduate and Postgraduate Medical Education at Madurai Medical College
- Higher Education and PG fellowship training in USA for 4 years in Retina Vitreo us Speciality.
- Life member of IMA Since 1976.
- Audio-Video facilities in the auditorium for IMA building was sponsored by Aravind Eye Care System.
- IMA recognized as "Legends in Ophthalmology" in appreciation of his meritorio us medical services rendered to the Society, 2019.
- In 1976 he left Govt. Service and joined with Dr.G.Venkataswamy and started Aravind Eye Care System to eradicate needless blindness, which is now the world's largest eye care service provider.
- Established telemedicine enabled primary eye care centres in the villages offering more than 3000 consultations per day in 94 centres from rurals areas.

Significant Recognitions:

- Padmashree Award by Govt. of India, 2007
- Dr. B.C. Roy Award for the year 2006 in the category of "Eminent Medical Teacher by Medical Council of India, New Delhi
- Time 100 Magazine 2010 honour as one among 100 most influential people in the world, New York, May 2010, New York Times.
- Outstanding Humanitariean Service Award American Academy of Ophtalmonolgy November 2012, Chicago, USA





மனம் மொழி செயல்களால் தான் மட்டுமின்றி தான்சார்ந்தீருக்கும் குடும்பமும், சமுதாயமும், நாடும்,

உலகும் இன்புற்று வாழ வழிகளைக் காண்போர் மாண்புமிகு மனிதர்களாவார்கள் இத்தகைய மாண்புமிகு மனிதர்தானே நம் நம் பெருமாள் சாமி!

Dr. V.V. Muthusamy, D.M.(Internal Medicine) Internal Medicine - All India Top Scorer in DM Cardiology

- ► Former Professor and Head of the Department of Cardiology, Madurai MMC & GRH
- Medical Director & Chief Cardiologist, Sugapriya Hospital, K.K.Nagar, Madurai.
- Fellow of Cardiological Society of India.
- Fellow of Indian Society of Cardiology
- ► Fellow of Indian Academy of Echoca rdiography
- ► Fellow specialist of Clinical Hypertension
- ► Founder Secretary of Cardiological Society of India Tamil nadu Chapter.
- ▶ Vice-President, Indian Society of Hypertension 2010
- President Indian Society of Hypertension 2 Years.
- Editor, Indian Journal of Hypertension.
- ▶ One of the Editors, Text Book Hyper tension in Clinical Practice.
- ▶ Recepient of Many oration Medals Both National and International
- ► Conduct ed 500 Free Medical Camps.
- ▶ 300 Free Cardiac Camps
- ▶ Involved in Blind Welfare Service. Acted as President of Indian Association of Blind for 7 Years.
- ▶ Now Advisor of Blind School, Sundar araian patti Madurai District.
- ► Had a very good relationship with Chief Ministers of Tamilnadu Sri K. Kamaraj ar, Kalaignar Karunanidhi,
- M.G.R and J. Jevalalitha and Former President Dr. Abdul Kalam
- ▶ Had Wonderful opportunity to associate himself with kirubanandha Variyar Swamigal for many Years.
- ▶ Had written few books in Tamil like Indhumat ha Sudhant hiram, Vedhan eethi for Student's etc.,



எண்பதத்தால் எய்தல் எளிது என்ப யார்மாட்டும் பண்பு உடைமை என்னும் வழக்கு - குறள்

எல்லோரிடத்திலும் எளிமையும் தன்னடக்கமும் உடையவராக நடந்தால் நன்னிலையினை எளிதில் அடையலாம் என்பதற்கு இவரே உதாரணம்! மக்கள் மனதில் குடியிருக்கும் மாமனிதரே! பூமணக்க புகழ்மணக்க வாழ்வீராக!

பின் மங்காத செல்வங்கள்

Dr. T. Dhinakaran, M.B.B.S., M.D., (Gen. Med), M.N.A.M.S.(Gen. Med), D.M.(Nephrology),

- ◆ M.B.B.S., January 1973 Madras University, Govt. Stanley Hospital, Madras. Medals & Distinction: In Bacteriology, Pharmacology, Ophthalmology and Medicine.
- M.D.(Gen Med) April 1976 Madras University, Madurai Medical College, Madurai. University First Rank and TPM Gold Medal Winner
- ◆ M.N.A.M.S.(Gen Med) February 1979 National Board of Examinations, New Delhi.
- ◆ D.M.(Nephrology) April 1984 Madras University, Madras Medical College, Madras
- ♦ Visiting Prof. of Nephrology Sri Ramachandra Medical College and Research Institute, Porur, Chennai (2007 - 2010)
- ♦ He is the author of many chapters in the Nephrology Text Books
- Author of Book "Clinical Approach to Renal Diseases in Diabetes" 1st Edition 2015 published by Jaypee Brothers Medical Publishers Pvt Ltd., New Delhi.
- He is always involved in many organisational activities in many organisations in the capacity of President and Secretary.
- He is doing lot of Research in Nephrology.
- ◆ Awareness Programme in T.V. & FM Radio

🔷 His Contributions and Achivements are numerous. 🔝 சொலல்வல்லன் சோர்வு 🗟லன் அஞ்சான் அவனை இகல்வெல்லல் யார்க்கும் அரிது. -குறள்

> சொல்லுவதில் வல்லவனாகவும் சோர்வில்லாதவனாகவும் எதற்கும் அஞ்சாதவனாகவும் உள்ளவனை வெல்லுதல் அரிதாகும்

Dr. K.G. Srinivasan, M.B.B.S., M.D., R.D.,

KGS Advance d MR & CT Scan Centre

- M.B.B.S.: Gold Medal in Medicine Pathology Psychiatry Pediatrics
- * M.D., R.D., : Nagpur University University First
- ⋆ MRI Training Hinduja Hospital Mumba i
- 2002 onwards K.G.S. Advanced MR & CT Scan Centre. Madurai
- Dr. Padmanur Ramarao Oration Award IMA Tamilnadu State Branch
- Professional Excellence Award in Radiology IMA Madurai and Madurai Mee nakshi Branch
- Conferred Life Membership in Indian Society of Neuro Radiology
- ★ He has published articles in 13 Journals numbering more than 75 articles
- * He has written some chapters in 4 Medical Books.
- ★ CME/Presentation/Guest Lectures 63
- Conducted many CMES Meetings in Musculo Skeletal imaging

நீதி உயர்ந்த மதிகல்வி – அன்பு நிறைய உடையவர்கள் மேலோர். முயற்சியினால் ஆகிடாது ஒன்றுமில்லை முயன்றிடுக மானிடமே என அறைகூவல் விடுக்கிறார்.

பண்புஉடையார்ப் பட்டு உண்டு உலகம், அது இன்றேல் மண்புக்கு மாய்வது மன் (குறள்)

இக்குறள் இவரைத்தான் சுட்டிக் காட்டுகின்றதோ!









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- ▶ ULTRASONOGRAM
- ▶ ECHOCARDIOGRAM
- ▶ COLPOSCOPY, CRYOTHERAPY for cervical cancer.
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Treatment

Continuation....

Once the diagnosis of GHD is established, an ideal replacement regimen should be instituted and titrated to a clinical response and serum IGF-1 level.

- 1. For patients aged 30–60 years, a starting dose of 300 μg/day is reasonable and is usually not associated with any side effects.
- 2. Daily dosing should be increased by 100–200 µg every 1–2 months titrated to the IGF-1. Clinical benefits may not become apparent for 6 or more months of treatment.
- 3. Older (>60 years) patients should be started on lower doses (100–200 µg/day) and increased more slowly.
- 4. Most adverse effects include fluid retention (5–18%), hypertension, paresthesia, joint stiffness, peripheral edema, arthralgia, and myalgias, carpal tunnel syndrome (2%). Most of these adverse reactions improve with dose reduction. Insulin resistance and type 2 diabetes can in patients with pre-existing diabetes. occur or worsen Although there might have been some concern with respect to the risk of cancer with the use of GH therapy, an increase in the recurrence rates of either intracranial or extracranial tumours has not been demonstrated in **AGHD**

Conclusion

GHD (isolated or as part of multiple hormone deficiencies) is being increasingly recognized as a cause of premature mortality. Over the last decade or two, much of our understanding on various clinical presentations of GHD has improved. The documented benefits of replacement therapy have helped improve the quality of life of many patients lives with AGHD.

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