



MADURAI BRANCH

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MONTHLY NEWSLETTER

MAY 2021

PRICE Rs. 5/-

1st May - World Laughter Day (First Sunday of May) | 7th May - World Asthma Day
8th May - World Red Cross Day | 8th May - World Thalassemia Day



CME on 10.04.2021 Speaker : Dr. M. Jawahar Farook



CME on Newer Antihypertensives : Pros and Cons - 10.04.2021

12th May - International Nurses Day | 15th May - International Day of Families
17th May - World Hypertension Day | 19th May - World Hepatitis Day
27th May to 7th June - Child Protection Week | 31st May - World No Tobacco Day

If undelivered please return to:

Dr. M. Amanullah

Hony. Secretary,

Indian Medical Association

No.1, Panagal Road, Madurai - 20.

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OFFICE BEARERS - 2021



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Published on behalf of IMA MADURAI BRANCH by

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President Message

MAY 2021 

Respected Seniors and Colleagues !

Greetings!



Every month it is a pleasant moment and joy for me to write to you through this column. Lot of things are happening in and around us due to covid second wave which are frightening us and words cannot express our feelings. Though we were aware of the second wave and in fact expecting it we did not imagine that it can cause so much destruction in the health care sector and the economy of the country. At present about 4 lakhs of new covid cases every day in our country and crossing 27000 new cases in Tamilnadu. So I feel that soap and water hand washing, wearing face mask, and observing social distance of 2 metres by the 138 crore population will definitely help us to tide over the crisis and win the battle against the corona.

The President Secretary and some of our members attended the 308th State Council Meeting at Erode. A lot of issues were discussed and were very useful to all the members. The kindness and affection shown by the State Office bearers and the host branch members were really excellent.

The President and Secretary had the opportunity of helping our 46 members in processing their applications to the Pollution Control Board which were pending for quite some time, as per the instructions and directions of the PCB Office bearers. We thank the PCB Office bearers for their help in this matter.

We had our Governing body meeting for the month of April as Zoom meeting on 22nd April and I was happy to see IMA members attending in large numbers.

On 5th May myself and Secretary met the Collector in his chamber. We requested in writing explaining the difficult situations faced by our IMA members running COVID recognized hospitals as well as NON COVID hospitals addressing various issues like increased Oxygen demand and COVID management necessary drugs deficit during this COVID re surge.

We also requested him to allot a floor in GRH for the Covid care of the Doctors and their families as it was done by Dr. Vinay IAS the then Collector in the year 2020 with the consent of the Dean GRH. The Collector was very friendly and promised that everything will be settled soon.

On 6th May President and Secretary attended a meeting in GRH Auditorium addressed by the Collector with regard to the oxygen requirements, oxygen supply, and adequate drug supply like Remdesivirin GRH and all the hospitals in and around Madurai City. We hope positively with the Madurai Collector's promise that situations will improve with effective implementations. Let us pray God that everyone is protected from this COVID Pandemic.

We pray for each and everyone of our member and the family members of doctor's community as well as each and every member of the society be safe.

With Regards!

Always in IMA Service

R. Ravindran

(Dr. R. Ravindran)



IMA ACTIVITIES FROM 19TH MARCH TO 22ND APRIL

Secretary's Report

MAY 2021



Respected Colleagues!
Greetings!!

- 21.03.2021: President, Secretary, Dr.V.Amuthan, Dr. Vijayarathnam, Dr.V.N.Alagavenkatesan, Dr. Balamurugan and Dr.Aneeth Jegaraj attended 308th State council Meeting at Gopichettipalayam held at Tex Valley Erode.
- 22.03.2021: After sending personal letters to 46 Nursing home Owners as per the instruction of Pollution Control Board on 19th March, Secretary posted a message in all 5 Whatsup groups of Madurai to all those Nursing Home owners to speed up their processing of applications to the PCB on or before 26th March 2021 so that the office could complete the other formalities before 31st March 2021 as per the instructions of their higher authorities.
- 25.03.2021: A CME on 'Current Covid Surge and preparedness' in IMA initiated and addressed by JDHS and team. Magazine committee meeting was held in IMA under the presidentship of our President.
- 05.04.2021: IMA received a letter from state office requesting us to
1) update the members list and send it to state office before July 2021.
2) to send our bye law book to the state office
Their intention is common constitution bye laws for the branches binding the national and state constitution.
3) common Trust Deed Model for all the branches .
- 12.04.2021: President and Secretary sent a letter to the constitution committee of our branch for their comments with regard to the election commission committee chairman Dr. Mohandas' concluding remarks with regard to our election 2021.
- February & : In the month of February and March IMA HQs directed us to do one CME with the sponsorship of GSK and Secretary met the people of GSK and decided to have a CME in the month of March 2021 April 3rd 4th week. But unfortunately could not carried out due to Covid protocol of CMEs. They were not willing for Zoom Meeting.
- 13.04.2021: Building Improvement Committeemeeting was held in our IMA A/C hall under the presidentship of our President Dr. R. Ravindran.
- 18.04.2021: Secretary attended the Zoom meeting of Presidents and Secretaries of all branches of East and South Zones with TNSB Office bearers from 3.00pm to 6.00pm. Secretary presented the activities of Madurai IMA. State president Dr. Ramakrishnan informed the Secretary that Madurai IMA should enroll 100 new members to IMA before the next SCM and if so, he will present a gold coin on his own behalf to Madurai IMA. Secretary replied that he should be fortunate to get it.

CME's in April

Date	Time	Subject	Speaker
10.04.2021	8.30 PM	Newer Antihypertensives : Pros and Cons	Dr. M. Jawahar Farook, M.B.B.S., DNB (Gen Medicine) DNB
20.04.2021	4.00 PM	Drug Induced Endocrinopathies	Dr. V. Kumaravel, M.D., M.Sc.(Diab)., DNB(Endo),

- 22.04.2021: The Governing Body Meeting of our IMA was held in ZOOM under the Presidentship of Dr. R. Ravindran, President IMA Madurai. Attendance was recorded.

With Regards !

(Dr. M. Amanullah)



OFFICE BEARERS MEETING THE DISTRICT COLLECTOR WITH REGARD TO OXYGEN SUPPLY



Respected Members,

Today the 5th May 2021, IMA President and Secretary met the Collector in his chamber at 12:45pm and explained the difficulties of small and medium hospitals in getting O₂ cylinders for the last few days and informed him the usage of O₂ in Non-Covid cases such as NICU, ICU, Anesthesiology, Operation Theatre, Post-Operative cases etc. are as essential as Covid cases in Covid care centers and Covid hospitals. We gave him the requisition letter on behalf of Madurai IMA with regard to that. We referred the report in Tamil Daily 'Tamil Hindu' today. Collector received us nicely and praised the activities of Madurai IMA in the capital city of Tamil language. We were fortunate to have Dean GRH, JDHS Dr. Venkatachalam, TNSB NHB Secretary Dr. Balamurugan and Dr. Balachandran of Lakshamana Hospital.

Finally the Secretary requested the Collector to allot a floor in the GRH with the consent of respected Dean exclusively for the Doctors and their families for Covid care treatment as it was done by Dr. Vinay IAS the then Collector in the year 2020.

Collector gave a patient hearing and also agreed to do the needful.

IMA Madurai wholeheartedly thanks our District Collector.

On 6th May President and Secretary were invited for a meeting in GRH auditorium where District Collector discussed in detail about the needs of Oxygen for GRH and all private hospitals in and around Madurai in the present scenario of Corona pandemic. Dean GRH, Dr Senthil and all the heads of the departments were the participants.

Dr. R. RAVINDRAN

President IMA

Dr. M. AMANULLAH

Hony. Secretary

Welcome to the Fold of IMA



Dr. A. Selvakumar, M.B.B.S.,

1784, M.I.G., Tamilnadu Housing Board Colony,
Mela Anupanadi, Madurai - 625 009.
Ph. : 99947 12355



Dr. N. Nandhini, M.B.B.S., D.C.H.,

1784, MIG, Tamilnadu Housing Board Colony,
Mela Anupanadi, Madurai - 625 009.



தமிழக அரசின் கொரோனா சிகிச்சைக்கான புதிய வழிகாட்டு நெறிமுறைகள் - 11.05.2021



தமிழகத்தில் கொரோனா தொற்றின் தாக்கம் தீவிரமடைந்து வரும் நிலையில் இறப்பைக் குறைக்கும் நோக்கில் கொரோனா சிகிச்சைக்கான புதிய வழிகாட்டு நெறிமுறைகளை வகுத்து அரசாணை வெளியிட்டிருக்கிறது தமிழக மருத்துவம் - மக்கள் நல்வாழ்வுத்துறை.

இதன் சிறப்பம்சங்கள் என்ன?

தமிழகத்தில் தற்போது 1 லட்சத்து 52 ஆயிரத்துக்கும் அதிகமானோர் கொரோனா தொற்றுடன் சிகிச்சையில் உள்ளனர். இறப்பு எண்ணிக்கை 2 நாட்களுக்கும் மேலாக 250-ஐ நெருங்கி பதிவாகி வருகிறது. இதையடுத்து, தொற்று நோய் நிபுணர்கள், மயக்கவியல் நிபுணர்கள், நுரையீரல் சிகிச்சை நிபுணர்கள் மற்றும் தமிழக அரசின் கோவிட் சிறப்பு நிபுணர் குழு உள்ளிட்ட மருத்துவர்கள் இணைந்து புதிய சிகிச்சை வழிகாட்டு முறைகளை வகுத்தளித்தனர். இது அரசாணையாகவும் பிறப்பிக்கப்பட்டுள்ளது.

"96-க்கும் மேல் ஆக்சிஜன் அளவுள்ள நோயாளிகள் எவரும் மருத்துவமனையில் உள் நோயாளியாக அனுமதிக்கப்படக் கூடாது" என்பது இந்த அரசாணையின் முக்கிய அம்சம்.

இந்த அரசாணைப்படி கோவிட் நோயாளிகள் 4 வகையாகப் பிரிக்கப்படுகின்றனர்:

1. வீட்டுத்தனிமையில் இருப்பவர்:

இந்தவகையினருக்கு நெகட்டிவ் என்று முடிவு வந்தாலும், உடல்வலி, தொண்டைவலி, மூச்சுவிடுதலில் சிரமம், தொடர் காய்ச்சல், தலைவலி, வயிற்றுப்போக்கு, இருமல், நாக்கில் சுவையும், மூக்கில் மணமும் தெரியாமல் இருந்தால் கொரோனா நோயாளியாகவே கருதப்படுவார். இவர்கள் பரிசோதித்து விட்டு ஆர்டிபிசிஆர் முடிவுக்காக காத்திராமல் மருத்துவர் எழுதிக் கொடுக்கும் மருந்துகளை உடனடியாக எடுத்துக் கொள்ள ஆரம்பிக்க வேண்டும் என்கிறார் இந்த நெறிமுறைகளை வகுத்த குழுவில் ஒருவரான அரசு ராஜீவ் காந்தி மருத்துவமனை முதல்வர் தேரணி ராஜன்.

2. வீட்டுத்தனிமைப்படுத்தலில் இருப்போர் 2-ஆம் வகை.

இந்த வகையினருக்கும் அனைத்து அறிகுறிகள் இருக்கும் எனினும் ஆக்சிஜன் அளவு 96க்கு கீழ் குறைந்து 95 ஆக மாறுபவர்கள். இவர்களும் உடனடி சிகிச்சை தேவைப்படுபவர்கள்.

3. கொரோனா சிகிச்சை மையங்கள், கொரோனா பராமரிப்பு மையங்களில் இருப்போர்.

ஆக்சிஜன் அளவு 90-94க்குள் இருப்போர் ஒரு நிமிடத்திற்கு 24 முதல் 30 முறை மூச்சுவாங்குவோர் இங்கு சிகிச்சை பெற வேண்டும். இப்பிரிவில் அனுமதிக்கப்படுவோருக்கு இரத்த தட்டணுக்கள் குறைந்தாலோ அல்லது 90-க்கும் கீழ் ஆக்சிஜன் அளவு குறைந்தாலோ உடனடியாக மருத்துவமனைகளுக்கு மாற்றும் பணி மேற்கொள்ளப்படும்.

4. மருத்துவமனைகளில் சிகிச்சை தேவைப்படுவோர்:

90% க்கும் கீழ் ஆக்சிஜன் அளவு குறைந்தவர்கள், ஒரு நிமிடத்திற்கு 30 முறைக்கு மேல் மூச்சு வாங்குவோர் இங்கு அனுமதிக்கப்படுவார். இவர்களுக்கு ஆக்சிஜன் தெரபி வழங்கி தீவிர சிகிச்சையளிக்கும் பணியை மருத்துவமனை நிர்வாகங்கள் மேற்கொள்ளும். இந்த ஆணை 14 நாட்களுக்கு மட்டுமே அமலில் இருக்கும் என்பது முக்கியமானது. இந்த வழிகாட்டு முறைகளைப் பின்பற்றுவதால் இறப்புகளை எந்த அளவிற்கு கட்டுப்படுத்த முடிகிறது என்பதை ஆய்வு செய்த பின் இதைத் தொடர்வதா இல்லையா என நிபுணர் குழு மீண்டும் முடிவு செய்யும்.



Family Security Scheme - Appeal



Dear Colleagues,

Greetings from FSS of IMA TNSB.

We, the new office bearers have taken over the FSS office on 11th April 2021 and it's officially inaugurated on 18/4/21.

Currently, the age group eligible to join FSS is upto 50 years in FSS 1 and upto 60 years in FSS 2.

Admission fees(Non Refundable Deposit)varies from 3,000 at lower age to 50,000/ in FSS 1 and in FSS 2 upto 60,000/.

Currently the benefit amount in Fss 1 is Rs.18,00,000/ to its 9400 members.

Fss 2 gives claim amount of around Rs.9,00,000 and it keeps raising according to the membership strength.

We don't have any exclusion clauses for communicable diseases and epidemics/ pandemics.

We don't search for your existing illnesses, don't require health check up/risk factors analysis.

We don't collect additional premium based on your medical conditions and medical history. All the members contribute equal yearly premiums.

Our death claim settlement ratio is 100% and we don't try to reject claim based on cause of death.

As our country deals with yet another wave of Covid cases, future uncertainty is likely to be higher. Hence it's right time to join FSS - a scheme exclusively run for the welfare of our members and secure your loved ones from unforeseen risks.

Basic theme of FSS : During your life time, you regularly contribute a small amount of money every year, towards your deceased FSS colleagues(via the annual Fraternity Contribution bill).Your family is equally assured of a similar but larger benefit in future,when you are no more.

Please find attached application form of FSS1 & FSS 2 for new membership enrollment.

If you are already a member of FSS, we request you to motivate your friends to join in the scheme to pass on the financial support to their loved ones in their dark hour of such need.

If you are already a FSS1 member: completed 50 years but less than 60 years you may join in FSS 2 to get additional cover for your family.

You may download the application form from our website : www.imatnsbfss.com

You may also get it through our office WhatsApp number : 9840537178

if you send us the request for the same.

Thanking you.

Yours in IMA service

Dr. Venkatesan, Chairman

Dr. D. SolomonJeya, Secretary

Dr. S.K. Anoop, Treasurer

With Best Regards

Dr. D. SOLOMON JEYAIMA, FSS Secretary,

WILLIAM CHILDREN HOSPITAL MAIN ROAD, MARTHANDAM, KANIYAKUMARI(dt.) - 629165

Email : imatnsbfss@gmail.com Web : www.imatnsbfss.com

Cell: 9840537178, 9360498113



INDIAN MEDICAL ASSOCIATION TAMILNADU STATE BRANCH



IMA TNSB congratulates the following
IMA Doctors who have got elected in
Tamilnadu State Assembly Election 2021



Dr. N. EZHILAN

IMA Chennai Kauvery Alwarper
Thousand Lights Constituency
D.M.K.



Dr. R. LAKSHMANAN

IMA Villupuram
Villupuram Constituency
D.M.K.



Dr. M. MATHIVENTHAN

IMA Namakkal
Raipuram Constituency
D.M.K.



Dr. C.K. SARASWATHI

IMA Erode
Modakurichi Constituency
B.J.P



Dr. C. VIJAYABASKAR

IMA Pudukottai
Viralimalai Constituency
A.I.A.D.M.K.



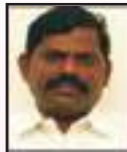
Dr. V. MUTHURAJA

IMA Pudukottai
Pudukottai Constituency
B.J.P



Dr. A.R.R. RAGHURAMAN

IMA Virudhunagar
Sattur Constituency
M.D.M.K.



Dr. SADAN THIRUMALAIKUMAR

IMA Puliangudi
Vasudevanallur Constituency
M.D.M.K.



Dr. P. RAMAKRISHANAN
State President



Dr. A.K. RAVIKUMAR
Hony. State Secretary



Dr. N.R.T.R. THIAGARAJAN
Hony. State Finance Secretary

IMA MADURAI BRANCH
Congratulates
for their success in Election



FROM THE EDITOR'S DESK



*Dear Esteemed members,
Greetings!*

The furious pace at which new COVID-19 infections and fatalities have been mounting in recent weeks has not only overwhelmed the nation's health infrastructure but has begun to significantly impair economic activity, just as the economy appeared to have turned the corner from last year's debilitating contraction. No doubt the fresh crisis is a real challenge to our nation. However the nation will definitely meet the challenge with great patriotism and sincere hard work of our doctor members with the help of health care workers to make Covid free India as early as possible.

IMA request our doctor members to keep in mind that the second wave has brought new strains of virus which are more resistant to treatment and hence update your knowledge in the symptomatology and treatment protocol.

At the same time let us not forget the basic lessons we learnt namely,

1. *Wear face masks*
2. *Observe social distancing of 2 metres, and*
3. *Hand washing*

to win the corona battle

Always in IMA Service

(Dr. M. Amanullah)

BUILDING IMPROVEMENT COMMITTEE MESSAGE

*Dear Esteemed members,
Greetings!*

IMA Madurai branch Building Improvement Committee meeting was held on second Tuesday the 13th April 2021 at 5.00 p.m. in our IMA A/C hall under the Presidentship of our President Dr. R. Ravindran. Dr. R.R.Vijayakumar submitted the financial statement for the month of March 2021 and it was approved unanimously.

It was decided that the Building should be given a face lift and upgraded to the standard of a star hotel with necessary repairs, paintings and decorations.

The work will be started towards that goal very soon along with cleaning of the campus especially on the eastern side. The planting of saplings on the eastern side also will be taken up.

After the Corona pandemic, construction of the six rooms in the north west side of the campus which was previously planned, will be set in motion.

The committee unanimously resolved to appeal to the members through Whatsapp for liberal donations to refurbish the IMA hall to generate more income to the IMA through the social functions, such as, family get together, batchmate meets, marriage functions, etc., etc. The members who donate Rs.25,000/- and above will be honoured by displaying their photos either in the dining hall or in the ASI hall as per their wish.

With Regards!

Dr. V.N. Alagavenkatesan
Dr. V. Amuthan
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