

# MIMA NEWSLETTER

## INDIAN MEDICAL ASSOCIATION



### MADURAI BRANCH

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MONTHLY NEWSLETTER

NOVEMBER 2021

PRICE Rs. 5/-



IMA Madurai Branch  
Congratulates  
**Dr. V. Amuthan**  
for having won the  
IMA TNSB South Zone  
Vice President 2022



10th November - World Immunization Day | 14th November - World Diabetic Day  
17th November - National Epilepsy Day  
18th November - World Chronic Obstructive Pulmonary Disease day

21st November - World day of remembrance for road traffic victims  
25th November - International Day for elimination of violence against women



CME - WORLD MENTAL HEALTH DAY - 08.10.2021



CME - NEUROLOGY (22.10.2021)



CME - ENDOCRINOLOGY (27.10.2021)

If undelivered please return to:

**Dr. M. Amanullah**

Hony. Secretary,  
Indian Medical Association  
No.1, Panagal Road, Madurai - 20.  
Cell: 0 98947 64672  
E-mail: dramanullah16@yahoo.com

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**2 Working All Days from 7 am - 4 pm (Except Public Holidays)**



## OFFICE BEARERS - 2021

NOVEMBER 2021 



**Dr. R. Ravindran**  
President  
98944 12390



**Dr. M. Amanullah**  
Hon. Secretary  
98947 64672



**Dr. R.R. Vijayakumar**  
Hony. Finance Secretary  
94434 39935



**Dr. R. Mahalingam**  
Vice President  
94434 56078



**Dr. N.J. Manivannan**  
Joint Secretary  
96292 54247



**Dr. V.N. Alagavenkatesan**  
Imm. Past President & President Elect  
97877 28505

### NOVEMBER MONTH PROGRAM

Date	Time	Subject	Speaker
13.11.2021	1.30 PM	BASICS OF IVF FEMALE FACTOR	<b>Dr. K.J. Jeevitha</b> , M.B.B.S., DNB(OG),
		BASICS OF IVF MALE FACTOR	<b>Dr. R. Kumaraswamy</b> , M.B.B.S., M-CSEPI,

#### Legal Consultants

Mr. C. Karthik      99942 66443  
Mr. Panner Selvam    97894 20006

#### MAGAZINE COMMITTEE

Editor : **Dr. M. Amanullah**

Associate Editors : **Dr. N. Vijaya Sankaran**  
**Dr. R. Rajeev Ayyappan**

Members : **Dr. V. Kumaravel**  
**Dr. K. Arun, Dr. V.K. Aravind**

Published on behalf of IMA MADURAI BRANCH by  
**Dr. M. Amanullah**

Hony. Secretary, Indian Medical Association  
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## President Message

NOVEMBER 2021 

*Dear Esteemed Members,  
Greetings!*



I am extremely pleased to write to you in this column as President of prestigious IMA Madurai Branch. I am very proud to inform our members that our nation has crossed 100 crores doses of Covid-19 vaccine in a very short time of 271 days on 21st October 2021. Incidence of Covid-19 cases are slowly and gradually coming down and at present Tamilnadu is facing around 1000 cases only everyday.

Though we are informed 3rd wave is fitting already some of the countries, we may also likely to have the gravid situation. At present 56 Delta Virus mutations are already prevailing in Maharastra and Madhya Pradesh. I request all our members to strictly follow the Covid Ethics such as wearing face mask, repeated soap and water hand wash and keeping adequate Social distancing. I request all our members to motivate your patients and relatives to adhere to the vaccination norms.

I Congratulate Dr. V. Amuthan, Past IMA Madurai President for having won the South Zone Vice President 2022 of IMA TNSB.

I am very much pleased to inform our members that our branch has received 2 Awards

1. South Zone Vice President Dr. Dhanapal's Award for 'over all best performance' and
2. IMA TNSB Membership Standing Committee's Award for the maximum enrollment of members in our IMA.

*With Regards!*

Always in IMA Service

*R. Ravindran*

**(Dr. R. Ravindran)**





## Secretary's Report



*Respected colleagues!  
Greetings!*

It gives me immense pleasure to write to our beloved members in this column as Honorable Secretary of our prestigious Association. As usual this month also was full of activities in our IMA. I am very proud to inform our members that I am getting the fullest Co-operation from the President and the Office bearers in all our endeavors. That was the reason we were able to get 2 Awards in the 310th state council meet at Tanjore on 10.10.2021.



**We Organized 3 CME'S in this month.**

Date	Time	Subject	Speaker
08.10.2021	1.30 PM	MANAGEMENT OF INSOMNIA AND COMORBIDITIES	Dr. V.K. Aravind, M.D.(Psych), IFAPA(USA)
22.10.2021	4.00 PM	RECENT ADVANCES IN THE TREATMENT OF PARKINSON'S DISEASE	Dr. V. Neethi Arasu, M.D., D.M.,
27.10.2021	4.00 PM	ADULT GROWTH HORMONE DEFICIENCY	Dr. V. Kumaravel, M.B.B.S., M.D., DNB(Endo)., MNAMS.,

- 10.10.2021 : President, Secretary, Finance Secretary, Dr. V. Amuthan, Dr. Vijayarathnam, Dr. Aneeth Jegaraj, Dr. Jeyakumar, Dr. Santhosh Attended the 310th SCM at Tanjore.
- 12.10.2021 : BIC Meeting in our IMA A/C Hall
- 18.10.2021 : IMA Madurai Branch Monthly Governing Body Meeting at 2.00 PM as per the request of Chairman Dr. Chidambaram of Constitution Amendment Committee Along with the Governing body members, Constitution Amendment Committee members were the special invitees.
- 22.10.2021 : Our President handed over FSS-1 D/D for Rs.18,00,000/- (Eighteen lakhs) to Mrs. Nalini Ravindranath at 4.15 PM in our IMA.
- 10.10.2021 : We received 2 Awards in the SCM at Tanjore.
- Dr. Dhanapal's - Vice President South zone for 'Overall Performance' Award.
  - 'The Best Membership Drive Achievement Award' from the Membership Development standing Committee.

*With Regards !*

Always in IMA Service

(Dr. M. Amanullah)



# INDIAN MEDICAL ASSOCIATION Madurai Branch



## LADIES FORUM, IMA Madurai Branch

*You are cordially invited for the CME of*

### **BASICS OF IVF MALE & FEMALE FACTOR**

Date : 13.11.2021, Saturday ❖ Time : 1.30 PM ❖ Venue : IMA A/C Hall

#### **PROGRAMME**

- 1.30 PM : Lunch
- 2.00 PM Prayer : **Dr. N.J. Manivannan**, Joint Secretary, IMA Madurai
- Welcome Address : **Dr. R. Ravindran**, President, IMA Madurai
- Reading of Minutes : **Dr. S.S. Gayathiri**, Secretary, Ladies Forum, IMA Madurai
- Introduction : **Dr. P. Meenambal**, Chariman, Ladies Forum, IMA Madurai
- Topic 1 : **“BASICS OF IVF FEMALE FACTOR”**
- Speaker : **Dr. K.J. Jeevitha**, M.B.B.S., DNB(OG),  
Consultant OG & Infertility  
Sudha Hospitals, Madurai.
- Topic 2 : **“BASICS OF IVF MALE FACTOR”**
- Speaker : **Dr. R. Kumaraswamy**, M.B.B.S., M-CSEPI,  
Consultant Sexologist & Councillor  
Sudha Hospitals, Madurai.
- Interaction
- Vote of Thanks : **Dr. M. Amanullah**, Hon. Secretary, IMA Madurai

Yours

**Dr. R. Ravindran**  
President

**Dr. M. Amanullah**  
Hon. Secretary

**Dr. P. Meenambal**  
Chairman, Ladies Forum, Madurai

**Dr. S.S. Gayathiri**  
Secretary, Ladies Forum, Madurai

Courtesy :



குழுந்தையின்மை, பாலியல், மறைமுக பிரச்னைகள் நூல்கள்-மூன்று முறை அரசு விருதும், தங்கபதக்கமும், சர்வதேச, விருதுகளும், காங்கீரஸ், தி.மு.க., எம்.ஜி.ஆர்., விருதுகளும், சென்னையில் மருத்துவமாமணி, கோவையில் சேவைச் சிகரம், மதுரையில் மதுரையின் மாத்ருபுதம் விருதும் பெற்ற பாலியல் நிபுணர் :டாக்டர் என்.என். கண்ணப்பன் - SEXOLOGY & S.T.D துறைகளில் 42 ஆண்டுகளுக்கு மேல்.

## நம்பர் 1 விருது



அரிமா மாவட்டத் தலைவர் டாக்டர். என்.என். கண்ணப்பன் அவர்களின் சேவைகளைப் பாராட்டி, மதுரை நகர் அரிமா சங்கக் கட்டிடத்தில் நடந்த விழாவில் முன்னாள் கவர்னர் திரு. சங்கரநாராயணன் அவர்கள் நம்பர் 1 விருதினை அளித்துக் கௌரவித்தார். அருகில் அரிமா தலைவர் திரு. சந்திரநாத் பாபு, செயலர் திரு. விஜய் சின்ன அருணாசலம், பொருளாளர் திரு. ராமச்சந்திரன் ஆகியோர்.

## ஆம்புலன்ஸ் சங்கத்தின் விருது



மதுரையில் ஜெர்மான்ஸ் டேஇன் ஹோட்டலில் நடந்த செயிண்ட் ஜான்ஸ் ஆம்புலன்ஸ் சங்க விழாவில், அதன் ஆயுள் உறுப்பினராக இருந்து சேவைகள் செய்ததைப் பாராட்டி டாக்டர். என்.என். கண்ணப்பன் அவர்களுக்கு விருது வழங்கிக் கௌரவித்தார் சங்கச் செயலாளர் திரு. சிலுவைமணி அவர்கள், நடுவில் சிறப்பு விருந்தினர் ஜெயஜோதி குரூப் ஆஃப் கம்பெனிகளின் ஜெனரல் மாணேஜர் திரு. வெங்கடேசன் அவர்கள்.

**Dr. N.N. கண்ணப்பன், செக்சாலஜிஸ்ட்**  
**செக்சாலஜி கிளினிக்**

4, சர்வேயர் காலணி To மாட்டுதாவணி 120 அடி ரோடு, K. புதூர், மதுரை - 7.

- I.M.A. மதுரை கிளையில் முதல் ஆயுள் உறுப்பினர்.
- பாலியல் துறையில் 42 ஆண்டுகளுக்கு மேல்.
- அரிமா இயக்கத்தில் 40 ஆண்டுகளுக்கு மேல்.



## FROM THE EDITOR'S DESK



**Dear Esteemed Members,  
Greetings!**

India completed 100 Crore dose of Covid-19 Vaccination on Thursday the 21st October 2021, in about 9 months since the drive began. Our Honorable Prime Minister expressed his gratitude to Doctors, Nurses and all those who worked on crossing the milestone. He tweeted "India scripts history. We are witnessing the triumph of Indian science, enterprise and collective spirit of 130 Crore Indians. Congrats India on crossing 100 Crore Vaccination".

It is true that both central and state Governments try to bring all the citizens under the 'Vaccinated Umberlla' but still let us not forget that we may likely to face the 3rd wave of Covid-19 in the near future. According to the medical experts that there are currently 56 Delta mutation that are actively infecting people around the world today. One of the Delta mutations AY.4 has given rise to two recognised offshoots, AY.4.2. So let us not forget the first and basic lesson in the Corona Pandemic namely wearing mask always, Keep social distancing everywhere and Soap and water hand washing frequently. If all the Indians follow this, there is no doubt that Indian soil will be free of Covid-19.

We Congratulate Dr.V.Amuthan for having won the south zone Vice President Election 2022 and we thank our members and TNGDA under the Presidentship of Dr.Senthil who worked for this Victory.

I am very proud to inform our members that our branch has won 2 Awards in the 310th state Council Meet at Tanjore on 10.10.2021.

1. Dr. Dhanapal's – Vice President south zone for 'Overall Performance' Award.
2. 'The Best Membership Drive Achivement Award' from the Membership Development standing Committee.

*Always in IMA Service*

(Dr. M. Amanullah)

## BUILDING IMPROVEMENT COMMITTEE MESSAGE

**Dear Esteemed Members,  
Greetings!**

IMA Madurai Branch Building Improvement Committee Meeting for the month of October was held on second Tuesday the 12.10.2021 at 5.00PM in our IMA A/C Hall under the Presidentship of our Building Improvement Committee Chairman Dr.M.Amanullah. Our president Dr.R.Ravindran expressed his inability to attend the meeting since he was held up at Thoothukudi due to personal commitments.

We are yet to get the required water supply from the corporation. So we have decided to augment the water supply to our IMA. All the members agreed on that. So the committee decided to take necessary steps to get sufficient water supply to our IMA. It was also decided to provide two rooms for the elderly pople's stay in the IMA 'Guest Rooms' since they couldn't climb up to first floor.

Committee unanimously decided to give bonus to all the staff members including the watchman who has completed 1yr service in our IMA as usual as in the previous years.

The Painting of the frontage of our Building and fixation of solar system will be taken up in a phased manner in the coming months once the financial position Improves.

The committee congratulated Dr.Amuthan for having won the south zone Vice president 2022 Election and honoured him with shawl. BIC Chairman informed the house that our branch has received 2 Awards in the 310th state Council Meet at Tanjore on 10th Oct 2021.

1. Dr. Dhanapal's – Vice President south zone for 'Overall Performance' Award.
2. 'The Best Membership Drive Achivement Award' from the Membership Development standing Committee.

**With Regards!**

Dr. V.N. Alagavenkatesan  
 Dr. V. Amuthan  
 Dr. V.K. Aravind  
 Dr. K. Arun  
 Dr. M. Chidambaram  
 Dr. C. Dharmaraj  
 Dr. N. Durairaj

Dr. V. Kumaravel  
 Dr. R. Mahalingam  
 Dr. K.S. Mayilvaganan  
 Dr. P. Meenambal  
 Dr. P. Prakash Karath  
 Dr. V. Rajagopalan

Dr. R. Rajeev Ayyappan  
 Dr. R. Ravindran  
 Dr. S. Somasundaram  
 Dr. S. Swaminathan  
 Dr. R.R. Vijayakumar  
 Dr. P. Vijayarathinam  
 Dr. S.C. Vivekanathan

*Yours Sincerely*

Dr. B.K.C. Mohan Prasad  
Secretary

Dr. M. Amanullah  
Chairman





*Right care Right Here*

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## INDIAN MEDICAL ASSOCIATION MADURAI BRANCH

### ELECTION - 2022 NOTICE

Notice is hereby issued for election 2022 on Wednesday the 3rd November 2021  
Nominations are called for Election of the following posts of Office-bearers and  
for the Governing Body members of the Indian Medical Association, Madurai Branch for  
the year, 2022

1. President Elect
2. Vice President
3. Honorary Secretary
4. Honorary Finance Secretary
5. Joint Secretary
6. Governing Body Members

The Nomination forms are available at IMA Office No. 1, Panagal Road, Madurai-20 on all working days (except on Sundays) from 3rd November 2021 to 23rd November 2021 between 10.00 a.m. to 5.00 p.m. Please collect the form in person. The Nominations must be sent to Hony. Secretary Dr. M. Amanullah on or before 5.00p.m. 23rd November 2021.

**Withdrawal of Nominations could be done on or before 5.00p.m. on 26.11.2021  
Election if any will be conducted on 30.11.2021 by Election Officer.**

A Nomination fee of **Rs.1,000/- (One Thousand)** to be paid for the post of Governing Body members and **Rs.2,000/- (Two Thousand)** to be paid for the posts of Office-bearers along with the nomination form.

As per the IMA Madurai Branch bye-laws (Rule No.20(b) - I to IV) of Election Rules, eligibility for election of above posts as follows.

**Eligibility to contest for the Post of an Office Bearer:** (Rule No.20(c) - I to V)

- i) 5 years of Life Membership in Madurai Branch of IMA in which Five Complete years of Governing Body Membership of Madurai IMA.
- ii) 30% Attendance in monthly scientific meetings in the current year 2021.
- iii) 50% Attendance in Governing Body Meetings in the current year 2021.

**Eligibility to contest for the Post of Governing Body Member :**

- i) Completion of 4 years of Life Membership in Madurai Branch of IMA and a minimum of 10% of attendance in the IMA CME meetings in the year of election (during the current year 2021)
- ii) For Existing Governing Body Members 50% Attendance in the Governing Body Meetings 2021 is mandatory for contesting the post of Governing Body Member.

**IMA, Madurai Branch**  
No. 1, Panagal Road, Madurai - 625 020.  
Phone : 0452 - 2535329  
Date : 02.11.2021

**Dr. M. Amanullah**  
Hony. Secretary  
Mob : 98947 64672



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- Psychiatry
- Dermatology
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**Phone :** 91 4524393003-06, 2524581-83, 4283333

**Mob No :** 98421 55656

**Mail ID :** shenshosp7@gmail.com

**Website :** www.shenbagamhospital.org



## Prof. A. Devadoss, Orthopaedic Surgeon

At the outset I must thank Dr. Amanullah for asking me to write about my association with the Madurai Branch of Indian Medical Association.

As far as I could remember since 1954, when I joined as First Fifty of Madurai Medical College, the land mark to turn to the Medical College Premises from the main road was the Indian Medical Association building. I was told at that time that the Madurai City was the first in the country to have the IMA building of its own by the efforts of Dr. Vadamalayan and others.

In 1958, when we were in the final year Prof. C.K.P. Menon used to take us to listen to the lectures in the IMA monthly meetings, I have listened to various lectures by Prof. M.D. Ananthachari, Prof. C.K.P. Menon and Prof. K. Ramachandra and others. As First Fifty of Madurai Medical College we were benefitted with the IMA monthly meetings.

I became a life member of IMA Madurai Branch in 1968 after I returned from U.K. after my higher studies. I have participated in many monthly meetings of IMA.

My association with the present secretary Dr. M. Amanullah is for a very long time. I used to operate in his Nursing Home. His contribution of IMA Madurai Branch is really great. He took part in the expansion of the building of IMA house in a very big way.

I have pleasure in writing this note for the souvenir to be brought by our secretary, the great Dr. M. Amanullah.

Long Live Indian Medical Association, Madurai Branch.

This is the Whatsapp message I received from Dr. A. Devadoss Sir for my request to send his curriculum vitae and his association with our IMA. In my student days, we were told that the first 50 is the best 50 No doubt they have proved by their discipline, life style, thirst for higher education and most knowledgeable in their subjects.

I see Dr. A. Devadoss sir is standing as No. 1 in that 50 members queue. I came to know that he has so far treated 5000 Children with club feet successfully and also established the Devadoss Club foot foundation to help clubfoot children get free treatment.

I know Devadoss Hospital organises 150th Meet Devadoss hospital Academic forum on 29th October 2021.

On October 23rd Midwest Ortho Society Trauma Day Talk was by Prof. Dr. A. Devadoss and the topic he had chosen was 'My Fifty year experience in Orthopaedic Surgery and lessons learnt' and that is Dr. A. Devadoss!

For him life is all about Three Things **Winning, Losing and Sharing**  
i.e., **Winning Others heart, Losing Bad things and Sharing Happy Moments.**

உற்றவர், நாட்டவர் உறார் - இவர்க்கு

உண்மைகள் கூறி இனியன செய்தல்

நற்றவம் ஆவது கண்டோம் - இதில்

நல்ல பெருந்தவம் யாதொன்றுமில்லை என்பான் பாரதி

உழைப்பையே தவமாகச் செய்யும்

உன்னத மனிதர்

**Dr. A. Devadoss**



## Dr. C. Chandra Bose, M.D., DTCD., FCCP., FICA.,

• Post Graduate Medical Education : M.D., Madurai University - 1969

• D.T.C.D. : Vallabhai Patal Chest Research Institution, Delhi - 1964

• Registration and Membership of Association : **FCCP : Fellow of American College of Chest Physician**  
**FICA : Fellow of American College of Angiology**

### PROFESSIONAL EXPERIENCE

• Honorary Assist. Professor of Medicine Madurai Medical College (1971 - 1990)

• Founder President Gunasundari Bose Hospital

• Director (Internal Medicine)

• Author of Two Books : Snippets in Clinical Medicine  
Pearls in Clinical Medicine

### OTHER BODIES

• Founder President - G.B. Trust

• Founder President - Bose School of Nursing

### FAMILY

• (Late) Dr. Mrs. Gunasundari Bose, M.B.B.S., D.G.O.,

• Dr. Vivek Bose, M.D., D.M(Cardiology, Interventional Cardiologist, Apollo Hospital)

• Dr. Vijay Bose, M.S., FRCS., M.Ch., Director of Orthopedics SRM Hospital.

• He has donated Rs. 1Lakh for the IMA Building Fund.

• Conducting monthly Free Camps (Medicine) in the near by Village  
**This shows his helping tendency to the poor and needy.**

• He was the first to organise "Clinical Meeting" in his 'Bose Hospital' once a month on Saturday 6.00pm to 9.00pm in Madurai City

• By Writing 2 Books he wants to guide the younger generation to update their knowledge and skill which will help them in their practice.

செய்யும் தொழிலே தெய்வம் அந்தத் திறமை தான் நமது செல்வம் கையும் காலும் தான் உதவி கொண்ட கடமை தான் நமக்குப் பதவி என்பதை நமக்கு உணர்த்துகிறார்!

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# பருமை சேர்க்கும் மாணிக்கங்கள்

## Prof. Dr. R. Alagappan, M.D.,



Army Service	: 1963 to 1968
State Medical Service	: 1968 to 1997
Medical Officer	: PHC, District Head Quarters Hospital and ESI Hospital
Teaching Faculty	: 1971 to 1997
Retired as	: Director, Professor, Head of the Dept. of Institute of Internal Medicine, Madras Medical College
Books Author	: Manual Of Practical Medicine 7th Edition on Process Medicine for Dental Student 3rd Edition
IMA Member	: 1973
Governing Body Member	: 1979
President, IMA Madurai	: 1984 - 1985
Vice-President, IMA TNSB	: 1985 - 1986
Chairman IMA Madurai	: 1993 - 2006
Building Improvement Trust	

Chairman, Indian Diabetic Association, Madurai Branch : 16.09.1993  
Jointly organized IMA Madurai Branch till date

As Chairman IMA Madurai Building Improvement Trust from 1993 to 2006 Dr. Alagappan and Dr. Mathirajan took great efforts in constructing Dr. P. Vadamalayan Hall, Dr. T. Subramanian Hall and Dr. Padmavathi Kitchen, ASI Hall, ASI Office Room and OG Office Room.

IMA Madurai Thanks both of them with folded hands for their historic achievement and the interest and involvement they showed in the project

‘மலர் மிசை ஏகினான் மாண்டி சேர்ந்தார்  
நிலமிசை நீடு வாழ்வார்’ என்கிறார் திருவள்ளுவர்

**உம் கொற்றம் வாழ்க!**

“பாரத பூமி யழும் பெரும் பூமி! நீ-ரதன் புதல்வர்  
இந்நினைவகற்றாதிர்” என்றான் பாரதி  
அதற்கொப்ப டாக்டரின் இந்திய ராணுவத்தில் சேவை  
ஆசிரியப் பணி மூலம் மாணவர்களின் தரம் உயர்த்தல்,  
எழுத்துப் பணி மூலம் உயர்ந்த கல்விச் சேவை,  
கோயில் கட்டி நிர்வகிப்பதன் மூலம் இறைப்பணி செய்தல்,  
என்பன போன்ற சமுதாயப் பணிகள் சாலச் சிறந்தவை

## Dr. S.S. Annamalaisamy, M.D.,

Born in the Year 1940 at Sattur  
PUC : Loyola College, Chennai

School Education : Sattur  
MBBS & MD : Madurai Medical College

- \* Work in Madurai Medical College and GRH - 1967 - 1971
- \* Common Wealth Scholarship - Cambridge - 1972 - 1974
- \* Coming Back to Madurai Medical College and GRH - 1974 - 1983
- \* State I Rank MBBS - 1963
- \* Member - IMA , API, Indian Society of Cardiology and RSSDI
- \* IMA Madurai Branch Building Improvement Committee Secretary 2006 -2018
- \* Construction of Dining Hall, Air Conditioning of ASI Hall and other development Activities from 2006 - 2018. His Achievements in IMA
- \* Dr. S.S. Annamalaisamy is one of the brightest student of Madurai Medical College both as an Undergraduate and Post Graduate. So there is no doubt that he was the top scorer in MBBS as well as MD
- \* We also Know him as a very successful Cardiac and General Medicine consultant in the Southern Districts for more than 4 decades. A Kind hearted soft spoken personality.
- \* We were lucky enough to get him as the BIC Secretary for 4 terms i.e, 12 years and could take up the work of Air conditioning of ground floor and ASI Hall with provision of Audiovisual Facilities and interior decoration etc.,

‘சொல்லுதல் யார்க்கும் எளிய அரிவயாம்  
சொல்லிய வண்ணம் செயல்’.

இக்குறளுக்கு எடுத்துக்  
காட்டாய்த் திகழ்வார்

**வாழ்க! வளர்க உம் புகழ்!!**

டாக்டர் S.S. அண்ணாமலைசாமி



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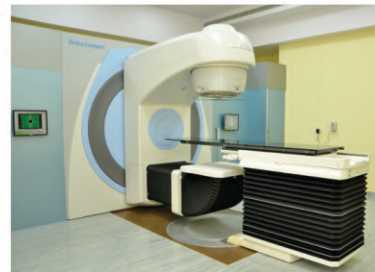
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*Dr. Sarala Prasad*, MBBS., DA., MD.

*Dr. A. Jagadish Singh*, MS., M.Ch.(Onc), MRCS., FIALS.

*Dr. M. Satishkumar*, MS., M.Ch.(Onc), DNB., MRCS UK(Ed).

*Er. Rajeev Sudharsan*, MS., (USA)

Prof. *Dr. K. Mahalakshmi Prasad*, MD(RT).

*Dr. K. Jeyanthi Prasad*, MS(O&G), DNB(OG), FMIS.

*Dr. Dhauna Prasad*, MBBS., A.B.(Int. Medicine, Mayo Clinic, Rochester-USA)-Internal Medicine



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**Dr. SIVA SHANKARI, M.B.B.S., DIP(USG).,**



NOVEMBER 2021

## Welcome to the fold of IMA



**Dr. B. Sudharsan, M.B.B.S., M.D.,**

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Thirumangalam Ph : 99523 44327, 87548 02834



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**Dr. M. Karthick Yogesh, M.B.B.S.,**

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**Dr. K. Vinoth Kumar,  
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**Dr. R. Dhivya, M.B.B.S., M.S., FMRF,**

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## Member Data Base

*Dear Members,*

IMA Madurai Branch Member Data Base details including Name, Phone No which we have sent to IMA TNSB Election Commission during July as per State IMA request. According to the list provided IMA TNSB is sending Members Electoral links for voting. If any old Mobile No or change of New Mobile No or by chance while preparing the Electoral list accidental mistakes of entering wrong No. in the Electoral records could have been the fault of missing links to the members. So we request our members those who have not received Electoral links, kindly furnish latest updates of member profile to the IMA office.

*Thanking you*

**Dr. R. Ravindran**

President, IMA, Madurai Branch

**Dr. M. Amanullah**

Hon. Secretary, IMA, Madurai Branch

## Family Security Scheme



IMA Madurai Branch President **Dr. R. Ravindran** handing over a cheque of FSS | Rs.18 lakhs to Thirumathi Nalini Ravindranath on **22.10.2021**



IMA Madurai Branch President **Dr. R. Ravindran** handing over D/D for FSS-I Rs.15.85 lakhs to Mr. V. Murugavel S/o. (Late Dr. M. Geetha) on **27.10.2021 at 4.30pm**



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## ADULT GROWTH HORMONE DEFICIENCY



**Dr. V. Kumaravel**, M.B.B.S., M.D., DNB(Endo), MNAMS  
Consultant Endocrinologist  
Alpha Hospital & Research centre  
Mobile: 99405 82328



### Introduction

Growth hormone is predominantly responsible for the growth of child, but it also plays an important role in metabolism and wellbeing in an adult. Adult-onset growth hormone deficiency (AGHD) may represent two distinct clinical situations:

1. Children with growth hormone (GH) deficiency transitioning to adulthood **or**
2. GH deficiency acquired during adulthood (structural/trauma or idiopathic).

Over the past decade, there has been an increasing recognition of premature mortality associated with hypopituitarism and it is believed that GHD may have contributed to this increased mortality. GH is the first hormone to deplete following any pituitary insult. It was not until 1995 that the concept of growth hormone replacement became popular and recognized.

### Etiology

The causes of AGHD include pituitary adenomas and/or their treatment. However, recent studies suggest brain injuries (including traumatic brain injury, sports-related head trauma, subarachnoid hemorrhage, stroke and blast injury) might out-number pituitary adenomas in causing AGHD. Pituitary apoplexy due to post-partum hemorrhage or snake bite is a common cause of AGHD in our population.

### Symptoms

The symptoms of AGHD include neuropsychiatric-cognitive, cardiac, metabolic, muscular, and bone symptoms, such as:

- Changes in memory, processing speed and attention
- Depression or anxiety
- Fatigue and Lack of strength
- Fibromyalgia syndrome
- Neuromuscular dysfunction
- Central adiposity and increased LDL
- Decreased muscle mass and bone density
- Impaired cardiac function and Accelerated atherosclerosis
- Decreased sweating and thermoregulation

### Diagnosis

IGF-1 level might be a useful initial test, but random Growth hormone testing may not be useful in diagnosis. Dynamic growth hormone testing forms the mainstay of diagnosis. Patients with childhood-onset GHD should be retested for GHD as adults, unless they have known mutations, or irreversible structural lesions/damage, as reversal of diagnosed GHD is known to occur. Adult patients with structural hypothalamic/pituitary disease, surgery or irradiation in these areas, or other pituitary hormone deficiencies should be considered for evaluation for acquired GHD.

*Contd..... in next issue*





SARAVANA REAL ESTATES

# SARAVANA REAL ESTATES

LAYOUT PLAN SHOWING THE HOUSE SITE IN RS NO: 86/4B1, 86/4B2 AT RAJAKAMBERAM VILLAGE MADURAI EAST TALUK, MADURAI DISTRICT.



Plot no.	Plot area sqft	Road area sqft	Total area Sq. Meter	Total area cent	Total area sqft
1	2670	405	3075	285.76	7
2	2066	405	2471	229.65	5
3	1842	330	2172	201.86	4
4	1911	240	2151	200.00	4
5	1050	300	1350	125.46	3
6	1050	1110	2160	200.74	4
7	1313	394	1707	158.64	3
8	1313	394	1707	158.64	3
9	1313	1369	2682	249.25	6
10	1313	1369	2682	249.25	6
11	1313	394	1707	158.64	3
12	1281	394	1675	156.67	3
13	1400	405	1805	167.75	4
14	1313	394	1707	158.64	3
15	1313	1369	2682	249.25	6
16	1313	1369	2682	249.25	6
17	1313	394	1707	158.64	3
18	1313	394	1707	158.64	3
19	1313	394	1707	158.64	3
20	2175	640	2815	261.61	6

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வசன்தனை உயர்ந்திமற்றம், மதுரை கிணை : பீஸ்புறம்  
 மாதடுத்தாவணி பேருந்து நிலையம் : 4 கி.மீ  
 மீனாட்சி மிஷின் மருத்துவமனை : 3 கி.மீ  
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