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INDIAN MEDICAL ASSOCIATION

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MADURAI BRANCH

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MONTHLY NEWSLETTER

OCTOBER 2021

PRICE Rs. 5/-



C.M.E. on "BELL'S PALSY" - 17.09.2021

WINNERS OF IMA TNSB ELECTION - 2022 - 2023



Dr. T. Senthamilpari
President Elect 2022



Dr. K.M. Abul Hasan
President Elect 2023



Dr. NRTR. Thiagarajan
IMA TNSB Hony. Secretary



Dr. V. Amuthan
IMA TNSB
South Zone Vice President

**Congratulation
to Winners of
TNSB Election
2022 - 2023**



Dr. K. Thirumavalavan
IMA TNSB Paramedical
Wing Joint Secretary

1st Oct - World Vegetarian Day | 1st Oct - International Day of Older Persons | 2nd Oct - IMA Anti Quackery Day
5th Oct - World Teachers Day | 10th Oct - World Mental Health Day

12th Oct - World Arthritis Day | 14th Oct - World Slight Day | 16th Oct - World Food Day | 17th Oct - World Trauma Day
20th Oct - Osteoporosis Day | 24th Oct - World Polio Day

If undelivered please return to:

Dr. M. Amanullah

Hony. Secretary,

Indian Medical Association

No.1, Panagal Road, Madurai - 20.

Cell: 0 98947 64672

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- Thyroid Profile



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 **0452-4210700 / 701 / 702 / 703**

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OCTOBER 2021



Dr. R. Ravindran
President
98944 12390



Dr. M. Amanullah
Hon. Secretary
98947 64672



Dr. R.R. Vijayakumar
Hony. Finance Secretary
94434 39935



Dr. R. Mahalingam
Vice President
94434 56078



Dr. N.J. Manivannan
Joint Secretary
96292 54247



Dr. V.N. Alagavenkatesan
Imm. Past President & President Elect
97877 28505

OCTOBER MONTH PROGRAM

Date	Time	Subject	Speaker
08.10.2021	1.30 PM	MANAGEMENT OF INSOMNIA AND COMORBIDITIES	Dr. V.K. Aravind , M.D.(Psych), IFAPA(USA)
22.10.2021	4.00 PM	RECENT ADVANCES IN THE TREATMENT OF PARKINSON'S DISEASE	Dr. V. Neethi Arasu , M.D., D.M.,
27.10.2021	4.00 PM	ADULT GROWTH HORMONE DEFICIENCY	Dr. V. Kumaravel , M.B.B.S., M.D., DNB(Endo), MNAMS.,

Legal Consultants

Mr. C. Karthik 99942 66443
Mr. Panner Selvam 97894 20006

MAGAZINE COMMITTEE

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Associate Editors : **Dr. N. Vijaya Sankaran**
Dr. R. Rajeew Ayyappan

Members : **Dr. V. Kumaravel**
Dr. K. Arun, Dr. V.K. Aravind

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President Message

OCTOBER 2021 

*Dear Esteemed Members,
Greetings!*

I am very much privileged to contact you through this column as President of one of the largest branches of IMA in our country. I appreciate our members for having given me the fullest support and cooperation in executing the IMA activities. As you all know IMA Madurai was full of activities in the month of September.



Myself and secretary attended the collector's meeting at the collectorate on 18th September at 4.00 PM with regard to the 'Awareness and Preparedness' for the 'Mega vaccination camp in Madurai District' with a target of 2,00,000 people to be vaccinated on that day i.e 12th September Sunday from that time onwards Mega vaccination camps are regularly organized in all Districts of Tamilnadu on all Sundays. I could see a good Govt. machinery and positive public response make the campaign a big success. However we Doctors should follow the COVID-19 protocol and encourage public also to follow in this month of 'Pooja Festival' and 'Deepavali' so that we may likely refrain from the proposed 3rd Wave in our Country.

Madurai IMA Congratulates Dr.Senthil, President TNGDA and TNMC and his colleagues for the devoted services rendered by them in the Election Campaign of TNSB for the years 2022, 2023 and bring big victory to Madurai. Our greet regards to Madurai IMA Senior members also for their involvement and participation for the election campaign.

Madurai IMA Congratulates the following for the win in the Election.

1. Dr. T.SenthamilPari – President Elect 2022
2. Dr. K.M. AbdulHasan – President Elect 2023
3. Dr. N.R.T.R.Thiyagarajan – TNSB IMA Secretary
4. Dr. V. Amuthan – TNSB-South Zone Vice President
5. Dr. K.Thirumavalavan – IMA TNSB Paramedical Wing Joint Secretary

We are sending Re-registration formet for Madurai IMA Members data base details through what's up. Members are requested to kindly update.

With united support from all quarter along with a profound sense of optimism we march forward once again serve and rebuild our community.

With Regards!

Always in IMA Service

R. Ravindran

(Dr. R. Ravindran)



Secretary's Report

OCTOBER 2021 

*Respected colleagues!
Greetings!*

I feel extremely happy to write to you in this column every month the activities of Madurai IMA. Though it was told that corona 3rd wave may come in the September, now it is said that it may arrive in this month of October. But whatever is said we the doctors be alert and careful in our day to day practice following all protocols of Covid-19 without any break.



Our Activities

- 08.09.2021 : Meeting at collectorate : District collector and corporation commissioner addressed : President and Secretary attended the meeting from 4.00 PM to 6.00 PM. On Awareness and preparedness for 'Mega Vaccination Camp' in Madurai District on 12th September.
- 12.09.2021 : A Meeting was held in our IMA called for by the constitution Committee : President and Secretary attended. A detailed discussion about the constitution amendments recommended by the constitution committee was the object of the meeting.
(11.00 AM - 1.30 PM)
- 14.09.2021 : Building Improvement committee meeting was held in our IMA at 5.00 PM under the Presidentship of our President Dr. R. Ravindran.
- 18.09.2021 : IMA Governing body meeting was held at 9.00 PM under the Presidentship of our President Dr. R. Ravindran.
- 22.09.2021 : Copies of constitution Amendment Books were sent to all Governing Body members by post.
- 24.09.2021 : Intimation letter to all Governing Body members that the next G.B Meeting will be held on 18-10-2021 as lunch meet and the copy of minutes of September GB and Financial statement for the month of September will be sent in the first week of October.
- 25.09.2021 : Our branch was full of activities for the state election. Members came in large numbers to participate and to cast their votes. President and secretary were present on all the 3 days.
26.09.2021
27.09.2021
- 29.09.2021 : 91st Annual General Body Meeting of our branch was held at 4.00 PM in our IMA Hall, with the agenda of
- Appointment of the Auditor for the year 2021-2022.
 - Budget for the year 2021-2022.

We organized One CME Programme as floor meeting on

17-9-2021 : 4.00PM Topic: Bell's palsy Speaker: Dr. V. Neethi Arasu.,MD.DM.

With Regards !

Always in IMA Service



(Dr. M. Amanullah)



FROM THE EDITOR'S DESK

Dear Esteemed members,

Greetings!

The covid-19 pandemic severity has come down gradually in the last few weeks in our country. Hence our tamilnadu govt is slowly withdrawing all the restrictions Of 'Lock down' one by one to make people happy and also to improve the economic status of the society. But we the doctors must be alert in our own clinics and hospitals following the three fundamental protocols of covid-19 in our daily practice keeping in mind the third wave in this month of October. Let us also advise and encourage our patients to get vaccinated once their turn comes from the govt. of Tamilnadu.

IMA Madurai Branch congratulates Dr.Jayalal and his team for having honored the celebrities of TNSB by awarding the 'honorary professorship of IMA', and honoring some of the celebrities of TNSB with the 'Academic Excellence Award'.

The 310th state council meeting of Tamilnadu IMA sponsored by state branch is to be held at Tanjore on 10-10-2021 and I request all state council members to attend without fail.

Always in IMA Service

(Dr. M. Amanullah)

BUILDING IMPROVEMENT COMMITTEE MESSAGE

Dear Esteemed members,

Greetings!

IMA Madurai Branch Building Improvement Committee Meeting for the month of September was held on second Tuesday the 14th September 2021 in our IMA building under the Presidentship of our President Dr.R.Ravindran at 5:00pm. Building Improvement Committee Chairman Dr.M.Amanullah conducted the proceedings.

The committee appreciated the efforts taken by the staff of IMA for improving the bookings of our IMA Building for the months of September and October 2021.

We could not get sufficient water supply from Madurai corporation for few days. We found out a block in the supplying tubes near our motor shed site. Then it was replaced with new tubes and the water supply was restored fully with the addition of hand pipe. This was approved by the committee. The new building plan was brought by our President Dr.R.Ravindran and it was decided to put up the plan in the notice board with the approximate cost for the perusal of IMA members. The plan copy will be sent to all the 22 BIC members for their opinion which will be discussed in the October BIC Meeting.

The discussion for the purchase of dining table was done and it was dropped due to nonviability. Dr.P.Vijayarathnam promised that he will provide the quotation for solar system in the next BIC Meeting.

Painting of the front portion of the IMA building will be considered in the next meeting.

Dr.M.Chidambaram insisted that BIC meeting should be informed over phone also apart from Whatsapp and email.

With Regards!

Dr. V.N. Alagavenkatesan
Dr. V. Amuthan
Dr. V.K. Aravind
Dr. K. Arun
Dr. M. Chidambaram
Dr. C. Dharmaraj
Dr. N. Durairaj

Dr. V. Kumaravel
Dr. R. Mahalingam
Dr. K.S. Mayilvaganan
Dr. P. Meenambal
Dr. P. Prakash Karath
Dr. V. Rajagopalan

Dr. R. Rajeev Ayyappan
Dr. R. Ravindran
Dr. S. Somasundaram
Dr. S. Swaminathan
Dr. R.R. Vijayakumar
Dr. P. Vijayarathinam
Dr. S.C. Vivekanathan

Yours Sincerely

Dr. B.K.C. Mohan Prasad
Secretary

Dr. M. Amanullah
Chairman



INDIAN MEDICAL ASSOCIATION

Madurai Branch

IMA Academic of Medical Specialists, Madurai.

You are cordially invited for the Symposium of IMA AMS

“WORLD MENTAL HEALTH DAY”

Date : 08.10.2021, Friday ❀ Time : 1.30 PM ❀ Venue : IMA A/C Hall

PROGRAMME

- 1.30 PM : Lunch
- 2.00 PM Prayer : **Dr. N.J. Manivannan**, Joint Secretary, IMA Madurai
- Welcome Address : **Dr. R. Ravindran**, President, IMA Madurai
- Reading of Minutes : **Dr. V.K. Aravind**, Secretary, IMA AMS, Madurai
- Introduction : **Prof. Dr. V. Amuthan**, Chairman, IMA AMS, TNSB & Madurai
- Topic : **“MANAGEMENT OF INSOMNIA AND COMORBIDITIES”**
- Speaker : **Dr. V.K. Aravind**, M.D.(Psych), IFAPA(USA)
Ram Psychiatry Hospital, Madurai.

Interaction

Vote of Thanks : **Dr. M. Amanullah**, Hon. Secretary, IMA Madurai

Yours

Dr. R. Ravindran
President

Dr. M. Amanullah
Hon. Secretary

Dr. V. Amuthan
Chairman, IMA AMS, Madurai

Dr. J. Jebasingh
Co-Chairman, IMA AMS, Madurai

Dr. V.K. Aravind
Secretary, IMA AMS, Madurai

Courtesy :





INDIAN MEDICAL ASSOCIATION

Madurai Branch

OCTOBER 2021



You are cordially invited for the CME of

“NEUROLOGY”

Date : 22.10.2021, Friday

Time : 4.00 PM Venue : IMA A/C Hall

PROGRAMME

- 4.00 PM : Tea
- 4.30 PM : Dr. N.J. Manivannan,
Prayer Joint Secretary, IMA Madurai
- Welcome : Dr. R. Ravindran,
Address President, IMA Madurai
- Reading of : Dr. M. Amanullah,
Minutes Secretary, IMA Madurai
- Topic : **“RECENT ADVANCES
IN THE TREATMENT OF
PARKINSON'S DISEASE”**
- Speaker : **Dr. V. Neethi Arasu**, M.D., D.M.,
Senior Consultant Neurologist

Interaction

Vote of : Dr. M. Amanullah,
Thanks Hon. Secretary, IMA Madurai

Courtesy :

CIPLA

You are cordially invited for the CME of

“ENDOCRINOLOGY”

Date : 27.10.2021, Wednesday

Time : 4.00 PM Venue : IMA A/C Hall

PROGRAMME

- 4.00 PM : Tea
- 4.30 PM : Dr. N.J. Manivannan,
Prayer Joint Secretary, IMA Madurai
- Welcome : Dr. R. Ravindran,
Address President, IMA Madurai
- Reading of : Dr. M. Amanullah,
Minutes Secretary, IMA Madurai
- Topic : **“ADULT GROWTH
HORMONE DEFICIENCY”**
- Speaker : **Dr. V. Kumaravel**, M.B.B.S., M.D.,
DNB(Endo), MNAMS,
Consultant Endocrinologist,
Alpha Hospital & Research Center

Interaction

Vote of : Dr. M. Amanullah,
Thanks Hon. Secretary, IMA Madurai

Courtesy :



Yours

Dr. R. Ravindran
President

Dr. M. Amanullah
Hon. Secretary

Dr. R.R. Vijayakumar
Hony. Finance Secretary

Dr. V.N. Alagavenkatesan
President Elect & Imm. Past President

Dr. R. Mahalingam
Vice President

Dr. N.J. Manivannan
Joint Secretary

குழந்தையின்மை, பாலியல், மறைமுக பிரச்னைகள் நூல்கள்-மூன்று முறை அரசு விருதும், தங்கபதக்கமும், சர்வதேச, விருதுகளும், காங்கீரஸ், தி.மு.க., எம்.ஜி.ஆர்., விருதுகளும், சென்னையில் மருத்துவமாமணி, கோவையில் சேவைச் சிகரம், மதுரையில் மதுரையின் மாத்ருபுதம் விருதும் பெற்ற பாலியல் நிபுணர் :டாக்டர் என்.என். கண்ணப்பன் - SEXOLOGY & S.T.D துறைகளில் 42 ஆண்டுகளுக்கு மேல்.

நம்பர் 1 விருது



அரிமா மாவட்டத் தலைவர் டாக்டர். என்.என். கண்ணப்பன் அவர்களின் சேவைகளைப் பாராட்டி, மதுரை நகர் அரிமா சங்கக் கட்டிடத்தில் நடந்த விழாவில் முன்னாள் கவர்னர் திரு. சங்கரநாராயணன் அவர்கள் நம்பர் 1 விருதினை அளித்துக் கௌரவித்தார். அருகில் அரிமா தலைவர் திரு. சந்திரநாத் பாபு, செயலர் திரு. விஜய் சின்ன அருணாசலம், பொருளாளர் திரு. ராமச்சந்திரன் ஆகியோர்.

ஆம்புலன்ஸ் சங்கத்தின் விருது



மதுரையில் ஜெர்மான்ஸ் டேஇன் ஹோட்டலில் நடந்த செயிண்ட் ஜான்ஸ் ஆம்புலன்ஸ் சங்க விழாவில், அதன் ஆயுள் உறுப்பினராக இருந்து சேவைகள் செய்ததைப் பாராட்டி டாக்டர். என்.என். கண்ணப்பன் அவர்களுக்கு விருது வழங்கிக் கௌரவித்தார் சங்கச் செயலாளர் திரு. சிலுவைமணி அவர்கள், நடுவில் சிறப்பு விருந்தினர் ஜெயஜோதி குருப் ஆஃப் கம்பெனிகளின் ஜெனரல் மாணேஜர் திரு. வெங்கடேசன் அவர்கள்.

Dr. N.N. கண்ணப்பன், செக்சாலஜிஸ்ட்
செக்சாலஜி கிளினிக்

4, சர்வேயர் காலணி To மாட்டுதாவணி 120 அடி ரோடு, K. புதூர், மதுரை - 7.

- I.M.A. மதுரை கிளையில் முதல் ஆயுள் உறுப்பினர்.
- பாலியல் துறையில் 42 ஆண்டுகளுக்கு மேல்.
- அரிமா இயக்கத்தில் 40 ஆண்டுகளுக்கு மேல்.



INDIAN MEDICAL ASSOCIATION MADURAI BRANCH

Madurai,
09.10.2021

GENERAL BODY MEETING NOTICE

Notice is hereby issued to call for the General Body Meeting of our Indian Medical Association, Madurai Branch on 30.10.2021 (Saturday) at 12.00 Noon in our IMA Hall. All the IMA Members of IMA Madurai Branch are invited to attend.

AGENDA

- ◆ Constitution Amendments
- ◆ Letter to TNSB regarding Election of IMA Madurai Branch 2020

R. Ravindran

Dr. R. Ravindran
President

M. Amanullah

Dr. M. Amanullah
Hony. Secretary

Welcome to the fold of IMA



Dr. A.S.A. Suvec, M.B.B.S.,
DMRD., DNB.,

1/5/24, Second Street, Sanjeevi Nagar, Anaiyur,
Madurai - 625 017. Ph : 94884 52545, 96771 15573



Dr. T. Rajakumari, M.B.B.S.,
M.D., DNB.,

123, SPT Maninagar, Gandhinagar Post,
Vadakuthu, Neyveli - 607 308.
Ph : 86674 57533



Dr. R.U. Jeyashree, M.B.B.S.,



Dr. N. Jerry, M.B.B.S., D.Ortho.,
M.S.(Ortho), DNB.,

10/4, Shalom, Ponnagar, Vilangudi, Madurai - 18. Ph : 98436 74416, 98436 74361



Dr. A. Betsy Sherba, M.B.B.S.,
DCH., M.D., DNB.,

10/2, Jeyaraj Nagar, Vilangudi,
Madurai - 625 018. Ph : 80560 54545



Dr. V. Sharmila, M.B.B.S.,

IMA Madurai Brach NHB Meeting

Dear Colleagues

IMA NHB Madurai Meeting will be held in this month of October
Further information will be through NHB Official Whatsapp later.



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Mob No : 98421 55656

Mail ID : shenshosp7@gmail.com

Website : www.shenbagamhospital.org



Dr. M. AMANULLAH, Hony. Secretary, IMA Madurai Branch

Congratulates the following dignitaries for having won the TNSB Elections.

Dr. T. Senthamilpari

- ◆ Born in a small village called Kattikulam in Sivagangai district
- ◆ Studied B.Sc at Madura College, Madurai and MBBS at Stanley Medical College, Chennai.
- ◆ Started Practice - a small 24hrs Clinic in Moolakkadai in North Chennai
- ◆ Built a 30 Bedded Hospital in 1991
- ◆ In 2012 he built a 100 bedded hospital with all facilities including Cath lab and CT Scan to provide health care service to poor and middle class people of North Chennai.
- ◆ Served as : TNSB IMA PPLSSS Secretary, TNSB Vice President
- ◆ Conducted more than 100 health camps and 15 Blood donation camps in Urban and Rural areas.
- ◆ Provides scholarship each Rs.10,000/- to 50 to govt. and govt. aided school students and this will be raised to 100 students from coming year.



Award → "TNMC Best Doctor Award" from the hands of Honorable Governor of Tamilnadu Thiru. Banwarilal Purohit.

Dr. K.M. ABUL HASAN

Thanjavur Medical College

- M.B.B.S.

Manipal Kasturba Medical College

- M.S.

Madras Medical College

- M.Ch.

Served as : TNSB IMA NHB Secretary
TNSB IMA AMS Secretary
CGP IMA HQ Secretary

Present : President IMAYAM Cancer Home -
Terminally ill Cancer Patients
Secretary - Junior Doctor Network - IMA HQ



Awards : Tamilnadu Dr. MGR Medical University honoured him with
"Best Doctor Award for his exemplary contributin to Health Care"

Tamilnadu Medical Council honoured him with
"Best Doctor Award for his service rendered in the field of Medicine and social service"

Dr. NRTR. Thiagarajan, M.D(Paed),

Hailing from a family of patriots and deeply rooted in the righteous qualities of transparency, integrity and honesty.

A grassroots worker with abundant leadership qualities

Served as : TNSB Paramedical Secretary **Serving as :** TNSB Finance Secretary **Elected to serve as :** TNSB Secretary

He will standup for what is right and stand against what is wrong with no fear or favor



Dr. V. Amuthan

- We feel proud to say that Dr.V.Amuthan is member of Madurai IMA
- He is Former Professor and HOD, Department of Cardiology, Madurai Medical College, Madurai.
- Former President of Madurai IMA
- He is very much interested and involved in organising cardiology camps for all our members, and madurai city college students
- He has organised ECG classes and Echocardiography Workshops
- IMA Madurai, TNSB and IMA HQ will be really benefited by his interest, involvement and enthusiasm in serving the Medical Fraternity both on Academic and administrative side
- He is elder brother of Dr. V. Asokan, Former Secretary General IMA HQ.



Dr. K. Thirumavalavan, M.S.(Ortho), FCPS(Ortho),

- IMA Secretary Villupuram 2001 - 2002
- IMA TNSB - Bike Rally Coordinator
- Member - Red Cross, Lions Club
- IMA TNSB - Chairman Sport Committee
- IMA TNSB - Go Green - State Coordinator
- Maruthuva Natchathiram Award - 2021



I thank **Dr. K. Senthil** and his team and members of IMA Madurai Branch for their support and interest and involvement in the election of TNSB.

Dr. N. Mathirajan, M.B.B.S., F.C.G.P.,



- ❖ Graduated from Madurai Medical College
- ❖ Member - Madurai IMA Since 1968
- ❖ Governing Body Member Since 1979
- ❖ Then he served as Finance Secretary, Hony. Secretary, Vice President and became President 1996 - 1998
- ❖ Served as senior Vice President - TNSB 1995 - 1996
- ❖ Serving as State and Central Council member
- ❖ Managing Trustee of Building Improvement Committee since its inception 1993 to its dissolution in 2006
- ❖ He took great effort in constructing :

Dr. P. Vadamalayan Hall, Dr. T. Subramanian Hall and Dr. Padmavathi Kitchen, ASI Hall and ASI office room and OG office room

அறிவிலே தெளிவு நெஞ்சிலே உறுதி
அகத்திலே அன்பினோர் பெருவள்ளம்
இவ்வாறான எங்கள் மதிராஜன்
சின்னஞ்சிறு கட்டிடத்தை சீறாய் வடிவமைத்து

ஏற்றமிகு மாடியுடன் எழிலார் அறைகளுடன்
உயர்வாய் சிந்தித்து உழைப்பால் உருவாக்கி
வருங்கால சந்ததிக்கு வழங்கிட்ட நாயகனே! வாழ்க!

Lion Dr. R. Amuthakumar, M.B.B.S., M.D.(Gen),

Managing Director of 85 bedded ICU Slep I, II, III
Care SKG Multispeciality Hospital Thirumangalam



- ✘ Best Doctor Award of PHC - 1997; 2002-2003
- ✘ Best Doctor Award in South Asia - 2010
- ✘ Governor of Chest Council of India South Zone (5 States + 1 U.T.)
- ✘ Life Time Achievement Award - Excellence and Innovation in "Emergency Medicine" in British Parliament - London and Many More Awards.
- ✘ Received Fellowship in Critical Care, Rural Health and Echo.

தேடிச்சோறு நிதந்தின்றறு
பல சின்னஞ்சிறு கதைகள் பேசி
மனம் வாடித் துன்ப மிக உழன்றறு
பிறர் வாடப் பல செயல்கள் செய்தறு
நரை கூடி கிழப்பருவம் எய்தி
கொடுங்கூற்றுக் கிரையெனப் பின் மாயும்
பல வேடிக்கை மனிதரைப் போல்
வீழ்வேனென்று நினைத்தாயோ
- என்றான் பாரதி.

அதுவே இவருக்கு தாரக மந்திரம்

எமக்குத் தொழில் மருத்துவம்
இமைப்பொழுதுஞ் சோதிருத்தல் என்கிறார்
ஒளிபடைத்த கண்ணினாய் வாவாவா !
உறுதி கொண்ட நெஞ்சினாய் வாவாவா !
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Dr. M. Satishkumar, MS., M.Ch.(Onco), DNB., MRCS UK(Ed).

Er. Rajeev Sudharsan, MS., (USA)

Prof. **Dr. K. Mahalakshmi Prasad**, MD(RT).

Dr. K. Jeyanthi Prasad, MS(O&G), DNB(OG), FMIS.

Dr. Dhauna Prasad, MBBS., A.B.(Int. Medicine, Mayo Clinic, Rochester-USA)-Internal Medicine



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Dr. M. Amanullah
Hony. Secretary, IMA Madurai Branch

Member Data Base

Dear Members,

IMA Madurai Branch Member Data Base details including Name, Phone No which we have sent to IMA TNSB Election Commission during July as per State IMA request. According to the list provided IMA TNSB is sending Members Electoral links for voting. If any old Mobile No or change of New Mobile No or by chance while preparing the Electoral list accidental mistakes of entering wrong No. in the Electoral records could have been the fault of missing links to the members. So we request our members those who have not received Electoral links, kindly furnish latest updates of member profile to the IMA office.

Thanking you

Dr. R. Ravindran
President, IMA, Madurai Branch

Dr. M. Amanullah
Hon. Secretary, IMA, Madurai Branch



Obituary

IMA Madurai is sad to intimate the demise of one of our Senior Member **Dr. T.S. Venkatesh** on **23.09.2021** May her soul rest in peace.

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Continuation....

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Consultant Endocrinologist
Alpha Hospital & Research centre
Mobile: 9940582328



B. Drug-Induced Thyroid Abnormalities

The incidence of primary hypothyroidism with CTLA4 antibody treatment (ipilimumab) ranges from 5.2 to 5.9%, with 'thyroiditis' been reported in 3.2%, whereas secondary hypothyroidism due to hypophysitis is more common (7.6%). Tyrosine kinase inhibitors (TKIs) have been established as a crucial therapeutic stepping stone in anticancer therapy. One of the most common side effect of TKIs is thyroid dysfunction, accompanied by an important prognostic value. Recent oncology guidelines provide detailed guidance on regular thyroid function testing recommendation every 4–6 weeks.

Psychotropic drugs, particularly antidepressants and antiepileptics may induce thyroid dysfunction. Lithium conferred a higher degree of risk for hypothyroidism when compared with other treatments. Lithium may rapidly, within 3–4 weeks, induce goitre by inhibiting thyroid hormone secretion and increasing TSH, particularly in females and also dependent on dose and duration of treatment. In the event of undiagnosed hypothyroidism, even of a mild degree, there might be aggravation of psychiatric symptoms and a higher risk of serotonin syndrome or of neuroleptic malignant syndrome (NMS) may be documented. It is thus recommended that patients under psychotropic drug treatment and whose clinical picture is unclear should have their thyroid function assessed

Amiodarone is a potent antiarrhythmic drug with a number of side effects, including thyroid dysfunction. Thyroid abnormalities have been noted in up to 14–18% of patients receiving long-term amiodarone therapy. Thyroid dysfunction linked to amiodarone is not only related to iodine overload, secondary to the exposure of increased iodine levels from amiodarone, but also to the intrinsic effects of amiodarone to the thyroid hormone metabolism. Amiodarone induced hypothyroidism can be easily treated with thyroxine. Treatment of amiodarone induced hyperthyroidism is a challenge and depends on Type-1 or Type-2 amiodarone induced thyrotoxicosis.

Drug-induced Diabetes

Diabetes is common metabolic abnormality seen in day to day practice and there is a big list of drugs starting from antipsychotics, antihypertensives, cardiometabolic drugs, antibiotics and anticancer drugs that predispose or worsen diabetes. Specifically, long-term use of beta-blockers or thiazide diuretics increased new onset diabetes. Statins interfere with many glucoregulatory pathways, with diabetes risk being associated with dose and duration of their use and other diabetes risk factors. In patients with pre-existing diabetes, the initiation of antipsychotic drugs has been associated with worsening hyperglycaemia, and in non-diabetics with weight gain, obesity, hypertriglyceridemia. Hyperglycaemia is one of the most important adverse effects of glucocorticoid administration. Real estimations of the risk for steroid-induced hyperglycaemia and diabetes are quite difficult, as steroid formulations, treatment duration, dosing regimens and individual susceptibility may vary greatly. The mechanism by which GCs cause diabetes predominantly involves insulin resistance, but β -cell function and insulin secretion are also impaired particularly at higher doses.

Glucocorticoid induced diabetes is difficult to treat as the primary disease may warrant glucocorticoid therapy and we cant reduce or stop steroids. In the more severe cases, choice of therapy should take into account pharmacokinetics and pharmacodynamics of the used steroid compounds, as well as pre-existing glycemic status and the presence of comorbidities. Metformin can represent an attractive option given acceptable liver and renal function, because it directly counteracts glucocorticoid effects by enhancing insulin sensitivity and reducing gluconeogenesis. An algorithm for treatment is shown in figure-1.

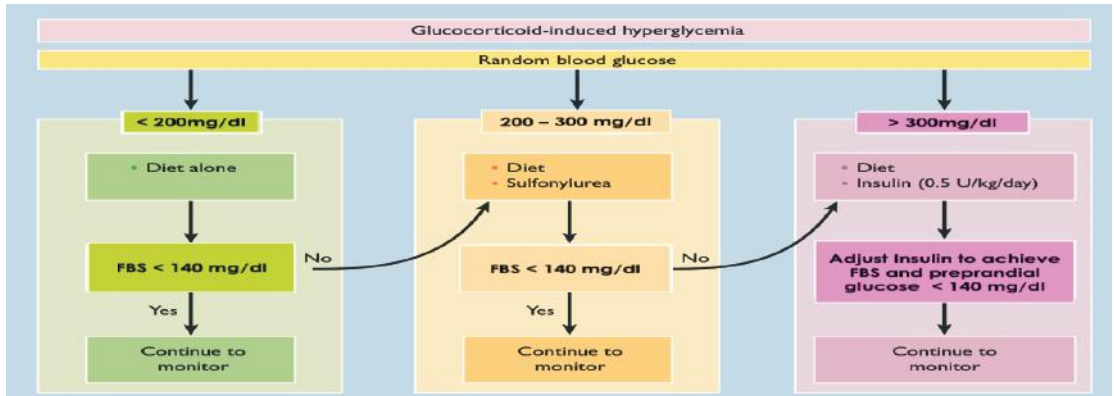


Figure-1: Treatment algorithm for glucocorticoid induced diabetes.

In this new era of drug-induced endocrine disease, clinicians should be aware that drugs can cause endocrine abnormalities via different mechanisms and mimic a variety of clinical scenarios. Therefore, clinicians should not only promptly recognize drug-induced hormonal and metabolic abnormalities, but more importantly proceed on time therapeutically.



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4	1911	240	2151	200.00
5	1050	300	1350	125.46
6	1050	1110	2160	200.74
7	1313	394	1707	158.64
8	1313	394	1707	158.64
9	1313	1369	2682	249.25
10	1313	1369	2682	249.25
11	1313	394	1707	158.64
12	1281	394	1675	156.67
13	1400	405	1805	167.75
14	1313	394	1707	158.64
15	1313	1369	2682	249.25
16	1313	1369	2682	249.25
17	1313	394	1707	158.64
18	1313	394	1707	158.64
19	1313	394	1707	158.64
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