

Founded 1928

# MIMA NEWSLETTER

## INDIAN MEDICAL ASSOCIATION

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Reg. No. 5/1934



### MADURAI BRANCH

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MONTHLY NEWSLETTER

SEPTEMBER 2021

PRICE Rs. 5/-

7th Sep to 14th Sep - National Heart Week | 8th Sep - World Literacy Day  
10th Sep - World Suicide Prevention Day & World First Aid Day (Second Saturday of September)  
12th Sep - National Leprosy Day | 21st Sep - World Alzheimer's Day



CME - Common Psychiatric Problems - During Covid & Post Covid - 13.8.2021



75th Independence Day Flag Hoisting - 15.08.2021



CME - Endocrinology - 23.08.2021



CME - In Pneumococcal Diseases Prevention - What is New

22nd Sep - World Rose Day - Welfare of Cancer Patients  
26th Sep - World Deafness Day | 28th Sep - World Rabies Day | 30th Sep - World Heart Day

If undelivered please return to:

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Hony. Secretary,

Indian Medical Association

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# OFFICE BEARERS - 2021

SEPTEMBER 2021



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President  
98944 12390



**Dr. M. Amanullah**  
Hon. Secretary  
98947 64672



**Dr. R.R. Vijayakumar**  
Hony. Finance Secretary  
94434 39935



**Dr. R. Mahalingam**  
Vice President  
94434 56078



**Dr. N.J. Manivannan**  
Joint Secretary  
96292 54247



**Dr. V.N. Alagavenkatesan**  
Imm. Past President & President Elect  
97877 28505

## SEPTEMBER MONTH PROGRAM

Date	Time	Subject	Speaker
17.09.2021	4.00 PM	BELL'S PALSY	<b>Dr. V.Neethiarasu</b> , M.D., D.M.,

### Legal Consultants

Mr. C. Karthik 99942 66443  
Mr. Panner Selvam 97894 20006

### MAGAZINE COMMITTEE

Editor : **Dr. M. Amanullah**

Associate Editors : **Dr. N. Vijaya Sankaran**  
**Dr. R. Rajeev Ayyappan**

Members : **Dr. V. Kumaravel**  
**Dr. K. Arun, Dr. V.K. Aravind**

Published on behalf of IMA MADURAI BRANCH by  
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### CONTENTS

President Message	- 4
Secretary Message	- 5
CME Program	- 6
Editorial Message	- 8
GB Meeting	- 10
Welcome to the fold of IMA	- 10
Drug Induced Endocrinopathies	- 19-20

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## President Message

SEPTMBER 2021

*Dear Esteemed Members,  
Greetings!*

Fervently hope this letter will find you all in good cheers and hectic schedule was the hall mark of activities August 2021.

Heartening to note monsoon is active, farmers started sowing and seeding plants and on our part we have initiated "Go Green Project" on 3<sup>rd</sup> August 2021. We were delighted to acquire quite a large number of saplings, thanks to the benevolence of Dr. G. Baskararajan, Ophthalmologist and have added many colourful flower plants too this year. The dynamic participation of members was a matter of immense gratification.

We had a great deal of many vibrant gatherings in pursuit of creating awareness among public at large regarding Blood donation, COVID 19 prevention and about breast feeding.

We conducted a "Blood Donation Camp" as usual every year along with Rotary Down - Town Branch at IMA, Madurai Branch. Many Rotary members contributed blood.

We are grateful to our Collector, JD, Nodal officer regarding COVID 19 management awareness for their guidance and for being amid-st us during the programme. General public vouched the COVID message.

As per State IMA request and IAP recommendation we observed a "Breast Feeding Awareness" to the public as well as health workers the importance of Breast Milk. Breast feeding awareness was made to public through the help of our IMA Ex-President Dr. Meenambal and Dr. Baskarajan also joined with us.

We conducted 3 CME'S including Psychiatry, Endocrinology and Pediatrics.

To cap it all we celebrated 75<sup>th</sup> Independence day of our nation with great grandeur and patriotic fervor at our association premises. After flag hoisting, we saluted the martyrs of freedom struggle and paid homage to the sacrifices made by the freedom fighters with this year's theme "NATION FIRST, ALWAYS FIRST". The celebration was the reminder of country's pride, virtues and cultural richness.

With united support from all quarter along with a profound sense of optimism we march forward once again serve and rebuild our community.

*With Regards!*

Always in IMA Service

*R. Ravindran*

**(Dr. R. Ravindran)**







## Secretary's Report

It gives me immense pleasure to write to all our members in this page every month. This month was full of activities in our IMA.

We conducted 3 CME's in this month and all were floor meetings. We are limping back to normalcy after a devastating covid pandemic 1<sup>st</sup> and 2<sup>nd</sup> waves and we are able to move freely without much restrictions after the so called 'Lock Down'. However, let us be alert always to meet the challenges of covid – 19 3<sup>rd</sup> wave if at all it hits our nation. Our Nation and Tamilnadu Govt. are in attention to meet the challenge in a full prepared state.



### Our Activities

- 03.08.2021 : (1) **GO GREEN of TNSB** - President, Secretary, Finance Secretary, Joint Secretary, Dr. Baskararajan, Dr. P. Vijayarathnam, Dr. Prabakaran, Dr. Kavivendhan, and others planted saplings on the eastern side of the campus at 8.30 am.
- (2) **Mother's breast-feeding awareness programme**: It was held in IMA at 10 am. Dr. P. Meenambal, Dr. BalaAbirami, Dr. YaliniSelv araj, Secretary, Dr. Baskararajan, and many others addressed the gathering.
- (3) **Covid-19 3<sup>rd</sup> wave awareness programme** was held in our IMA at 11.30 am. President elect, Secretary, Dr. Natarajan, Dr. P. Meenambal, Dr. Balaabirami, Dr. Yalini Selvaraj and others addressed the gathering. Our sincere thanks to Dr. P. Meenambal for her meticulous planning in the conduction of above two meetings.
- 15.08.2021 : 75<sup>th</sup> Independence Day was celebrated in our IMA. President Dr.R. Ravindran hoisted the National Flag at 8 am and delivered the Independence Day Address. Many senior members spoke on the occasion.
10. 30 am : Rotary Madurai DOWN TOWN and our IMA jointly organized Blood Donation Camp in our IMA. President, Secretary, Office bearers of Rotary DOWN TOWN and many other club members participated. Our Dean Dr. Rathinavel, and Thiru Kannanof Rotary participated as Guest of honor and Chief Guest respectively.
- 17.08.2021 : Building Improvement Committee meeting was held under the presidentship of our President Dr. R. Ravindran at 5.00 pm.
- 25.08.2021 : At 4.00 pm Magazine committee meeting was held under the presidentship of our President Dr. R. Ravindran. At 4.30pm Governing body meeting was held under the presidentship our President Dr. R. Ravindran.
- 26.08.2021 : IMA Madurai Branch Lady's Wing's "SWAYAM" was inaugurated in our IMA by our President Dr. R. Ravindran. Secretary and all office bearers of the Lady's Wing participated in large number at 1.30 pm in our IMA. Dr. P. Meenambal made all arrangements very nicely.

Date	Time	Subject	Speaker
13.08.2021	1.30 PM	<b>COMMON PSYCHIATRIC PROBLEMS - DURING COVID &amp; POST COVID</b>	<b>Dr. V.K.Aravind</b> , M.D.(Psych), IFAPA(USA),
23.08.2021	4.00 PM	<b>Drug Induced Endocrinopathies</b>	<b>Dr. V. Kumaravel</b> , M.D., M.Sc.(Diab.), DNB(Endo),
28.08.2021	4.00 PM	<b>In Pneumococcal Disease Prevention - What is NEW?</b>	<b>Dr. R. Mahalingam</b> , B.Sc., M.D., DCH.,

With Regards !

Always in IMA Service

(Dr. M. Amanullah)



# INDIAN MEDICAL ASSOCIATION Madurai Branch

*You are cordially invited for the CME of "Neurology"*

Date : 17.09.2021, Friday ❀ Time : 4.00 PM ❀ Venue : IMA A/C Hall

## PROGRAMME

4.00 PM : Tea

4.30 PM Prayer : **Dr. N.J. Manivannan**, Joint Secretary, IMA Madurai

Welcome Address : **Dr. R. Ravindran**, President, IMA Madurai

Reading of Minutes : **Dr. M. Amanullah**, Hon. Secretary, IMA Madurai

Topic : **"BELL'S PALSY"**

Speaker : **Dr. V. Neethiarasu**, M.D., D.M.,  
Senior Consultant Neurologist

Interaction

Vote of Thanks : **Dr. M. Amanullah**, Hon. Secretary, IMA Madurai

Yours

**Dr. R. Ravindran**  
President

**Dr. M. Amanullah**  
Hon. Secretary

**Dr. R.R. Vijayakumar**  
Hony. Finance Secretary

**Dr. V.N. Alagavenkatesan**  
President Elect & Imm. Past President

**Dr. R. Mahalingam**  
Vice President

**Dr. N.J. Manivannan**  
Joint Secretary



# செக்சாலஜி துறையில் 42 ஆண்டுகளுக்கு மேல்

குழந்தையின்மை, பாலியல், மறைமுக பிரச்னைகள் நூல்கள்-மூன்று முறை அரசு விருதும், தங்கபதக்கமும், சர்வதேச, விருதுகளும், காங்கிரஸ், தி.மு.க., எம்.ஜி.ஆர்., விருதுகளும், சென்னையில் மருத்துவமாமணி, கோவையில் சேவைச் சிகரம், மதுரையில் மதுரையில் மாத்ருபூதம் விருதும் பெற்ற பாலியல் நிபுணர் :டாக்டர் என்.என். கண்ணப்பன் - SEXOLOGY & S.T.D துறைகளில் 42 ஆண்டுகளுக்கு மேல்.



சுப்ரீம் கோர்ட் ஜடஜ் திரு. ஏ.ஆர். லெட்சுமணன், D.P.கத்தவசலம்



ஹைகோர்ட் ஜடஜ் திரு. சொக்கலிங்கம்



ஹைகோர்ட் ஜடஜ் திரு. A.சுப்ரமணியன், நமுகர் மீரசாந்த்



நுகர்வோர் நீதிமன்ற ஜடஜ் திரு. சாம்துரை, ரேவதி, நாசர்



போலீஸ் கமிஷனர் திரு. ராதாசிருஷ்ணன், V.N. சிதம்பரம்



போலீஸ் கமிஷனர் திரு. ஜாங்கீட்



போலீஸ் கமிஷனர் திரு. நந்தபாலன்



போலீஸ் கமிஷனர் திரு. சிதம்பரசாமி



கலெக்டர் திரு. காசிவிஸ்வநாதன் போலீஸ் கமிஷனர்



கலெக்டர் திரு. வரதராஜலு கமிஷனர் திரு. K.V.S. மூர்த்தி



கலெக்டர் திரு. ககன் தீப் சிங் பேடி



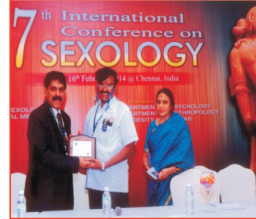
நான்காம் முறை அரசு விருது



சென்னை-கௌரவ டாக்டர் பட்டம்



மதுரை I.M.A. யில் கௌரவம்



சென்னை-சர்வதேச செக்சாலஜி கருத்தரங்கு



வாழ்நாள் சாதனையாளர் விருது - சென்னை

**Dr. N.N. கண்ணப்பன், செக்சாலஜிஸ்ட் செக்சாலஜி கிளினிக்**

4, சர்வோயர் காலணி To மாட்டுதாவணி 120 அடி ரோடு, K. புதூர், மதுரை - 7.

- I.M.A. மதுரை கிளையில் முதல் ஆயுள் உறுப்பினர்.
- பாலியல் துறையில் 42 ஆண்டுகளுக்கு மேல்.
- அரிமா இயக்கத்தில் 40 ஆண்டுகளுக்கு மேல்.



SEPTEMBER 2021

## FROM THE EDITOR'S DESK

*Dear Esteemed members,  
Greetings!*

As you all know number of new covid-19 cases are slowly coming down for the last couple of weeks. This gives us almost the normal life which we enjoyed before the covid pandemic. Of course, we have been warned by WHO and Ministry of Health and Family Welfare Govt. of India about the likelihood of covid 3<sup>rd</sup> Wave which may reach a peak in the latter half of October. But both Central and TN Govt. are repeatedly promising that they are competent of handling the 3<sup>rd</sup> Wave with confidence, experience, and wisdom since we have already made ourselves ready with enough beds, required infrastructure, equipment, oxygensupply etc., So let us hope for a corona free India in a couple of weeks. The month of August was full of activities in our IMA. We have started floor meetings such as CMEs, celebration of 'GO Green' Project of TNSB, Mother's breast-feeding week, awareness of covid-19 3<sup>rd</sup> wave, inauguration of SWAYAM of ladies' wing of Madurai IMA. As usual we conducted BIC meeting, Magazine Committee meeting and governing body meeting in this month. As the cases of covid-19 are declining the regular surgeries which have been waiting for few months and the regular treatment of all diseases may be taken up much to the joy and satisfaction of general public.

*Always in IMA Service*

(Dr. M. Amanullah)

## BUILDING IMPROVEMENT COMMITTEE MESSAGE

*Dear Esteemed members,  
Greetings!*

IMA Madurai Branch Building Improvement Committee meeting for the month of August was held on 3<sup>rd</sup> Tuesday the 17<sup>th</sup> of August 2021 under the Presidentship of our President Dr. R. Ravindran, President, Dr. R. Ravindran welcomed the members.

Building Improvement Committee Chairman Dr. M. Amanullah conducted the proceedings. Chairman informed the house that the previous plan was rejected by the Madurai Corporation since it included a stage between the two blocks of the proposed construction at the northwest side of the campus which required a parking space for 42 four wheelers as per the protocol of 'Smart City' plan. Hence it was decided to construct one block consisting of 3 rooms in the ground floor and 3 rooms in the first floor in the first phase of our construction.

Then the Chairman handed over the previous plan to the newly elected Building Improvement Committee Secretary Dr. B.K.C. Mohan Prasad.

Finally it was decided to prepare the 'blue print' which will be displayed in the IMA office notice board for 10 days for the members perusal and suggestions if any to be conveyed to the Building Improvement Committee.

*With Regards!*

Dr. V.N. Alagavenkatesan  
Dr. V. Amuthan  
Dr. V.K. Aravind  
Dr. K. Arun  
Dr. M. Chidambaram  
Dr. C. Dharmaraj  
Dr. N. Durairaj

Dr. V. Kumaravel  
Dr. R. Mahalingam  
Dr. K.S. Mayilvaganan  
Dr. P. Meenambal  
Dr. P. Prakash Karath  
Dr. V. Rajagopalan

Dr. R. Rajeev Ayyappan  
Dr. R. Ravindran  
Dr. S. Somasundaram  
Dr. S. Swaminathan  
Dr. R.R. Vijayakumar  
Dr. P. Vijayarathinam  
Dr. S.C. Vivekanathan

*Yours Sincerely*

Dr. B.K.C. Mohan Prasad  
Secretary

Dr. M. Amanullah  
Chairman





*Right Care Right Here*

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- ◆ THYROID FNAC
- ◆ PROSTATE BIOPSY
- ◆ BREAST FNAC / BIOPSY
- ◆ ASCITIC / PLEURAL TAPPING

### ELASTOGRAPHY

- ◆ THYROID
- ◆ BREAST
- ◆ LIVER





SEPTEMBER 2021



# INDIAN MEDICAL ASSOCIATION MADURAI BRANCH

Madurai,  
08.09.2021

## 91st ANNUAL GENERAL BODY MEETING NOTICE

Notice is hereby issued to call for the General Body Meeting of our Indian Medical Association, Madurai Branch on 29.09.2021 (Wednesday) at 4.00 P.M. in our IMA Hall. All the IMA Members of IMA Madurai Branch are invited to attend.

### AGENDA

- ◆ To approve the audited accounts of statement of our Association for the period from 01.04.2020 to 31.03.2021
- ◆ Appointment of the Auditor for the year 2021 - 2022
- ◆ Budget for the year 2021 - 2022

*R. Ravindran*

**Dr. R. Ravindran**  
President

*Dr. M. Amanullah*

**Dr. M. Amanullah**  
Hony. Secretary

### Welcome to the fold of IMA



**Dr. Janisha Maragatha, M.B.B.S.,**  
27, South Street, Singarayar Colony,  
Narimedu, Madurai - 2.



**Dr. A. Kanimozhi, M.B.B.S., M.S(OG),**  
A-56, Shanthy Nikethan Apartment  
Annanagar, Madurai.



**Dr. Preethika Gandhi, M.B.B.S., M.S(OPHTHAL)**  
143, Karpaga Nagar 8th Street,  
K.Pudur, Madurai - 7.



**Dr. M.S. SHIUENDRRAN, M.B.B.S., M.D(Gen. Med.)**  
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Gomathipuram, Madurai - 20.  
Ph : 96777 52083



**Dr. C. Mathusuthanan, M.B.B.S., M.D(GM)**  
223, 2nd Street, Zion Nagar, Madurai Road,  
Thirumangalam, Madurai Dt.  
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**Mob No :** 98421 55656

**Mail ID :** shenshosp7@gmail.com

**Website :** www.shenbagamhospital.org



**Dr. M. Amanullah, Hony. Secretary, IMA, Madurai Branch**

**CONGRATULATES FOLLOWING**

**COVID WARRIOR AWARDEES 2021 FROM TAMILNADU MEDICAL COUNCIL**



**Dr. A.K. RAVIKUMAR**, Coimbatore  
**Dr. M. THIRAVIAM MOHAN**, Nagercoil  
**Dr. K.H. SALIM**, Pudukottai  
**Dr. R. ANBURAJAN**, Thirunelveli  
**Dr. BOOPATHY JOHN**,  
Chennai Kodambakkam



I wholeheartedly congratulate Dr. Ramakrishnan, TNMC and President IMATNSB, Dr.R.V.S.Surendran, TNMC, Dr. NRT Thiagarajan, TNMC and Finance Secretary IMA TNSB under the esteemed Presidency of **Dr. K. Senthil** for Choosing the best 'COVID WARRIOR AWARDEES 2021' from IMA TNSB.

**DOCTORS DAY - COVID WARRIOR AWARDEES 2021 FROM IMA NATIONAL HQRS**

**Dr. C.N. RAJA**, Erode  
**Dr. S. GURUNATHAN**, Chennai  
**Dr. M. ARUNACHALAM**, Chennai Kodambakkam  
**Dr. R. ANBURAJAN**, Thirunelveli  
**Dr. BOOMA**, Coimbatore  
**Dr. M. THIRAVIAM MOHAN**, Nagercoil



**Dr. G. DOMINIC RODRIGUEZ**, Tiruchirapalli  
**Dr. S.G. BALAMURUGAN**, Madurai  
**Dr. K. PRAKASAM**, Salem  
**Dr. NARENDRA JANA**, Tamilnadu  
**Dr. RASHMI RAO**, Tamilnadu  
**Dr. PAUL CHANDRA**, Ambasamudram

My hearty congratulations to the great Leader of TNSB **Dr.J.A.Jayalal**, President IMA HQs for his excellent way of leading the IMA HQs for the last 8 months and the best selection of 'COVID WARRIOR AWARDEES 2021' from IMA National HQs.



**DR. BOOPATHY JOHN, M.B.B.S., M.S., FAIS, FCIP, FIAMS.**

- ▶ Consultant Surgeon, Piles and Hernia Expert.
- ▶ Secretary, Indian Medical Association, Chennai, Kodambakkam.
- ▶ Central Council Member and State Council Member, New Delhi
- ▶ Co-Chairman, Anti-Microbial Resistance Committee, New Delhi.
- ▶ Member, National Fever Committee Board, IMA, New Delhi.
- ▶ Project Committee Member, Tamilnadu, IMA.
- ▶ PPLSSS - District coordinator, Chennai.
- ▶ Director, Je Nesam Hospital, Ashok Nagar, Chennai.
- ▶ Director, Lifa Pharmaceutical Pvt. Ltd. Company, Chennai.
- ▶ Founder, Jesia Charitable Trust, Chennai.

தமிழர் தொழில் வேளாண் பெருமன்றம் (CITACIS) அமைப்பின் மூலம் மக்கள் மருத்துவம் என்ற பட்டத்தை எனக்கு வழங்கினார்கள். வழங்குபவர் உலக தமிழர் அமைப்பின் பேரவையின் தலைவர் அருட்தந்தை ஜெகத்கல்பர்



**Dr. M. Thiraviam Mohan**

Myself **Dr. M. Thiraviam Mohan**, an active member of IMA TNSB and IMA Nagercoil branch. Has been working as a senior consultant Pediatrician for the past 24 years in Dr.Jeyasekharan Hospital and Nursing Home, Nagercoil. Served as a Senior Medical officer in charge of the Covid care centre at Dr.Jeyasekharan Hospital and Nursing Home. 100 bedded Covid care centre. Represented the hospital in the meeting with the government officials, particularly Death audit meet, CMCHIS meets, oxygen demands discussion and to execute successfully the vaccination program. Still working at the Covid care centre and as a Pediatrician prepared for the third wave, particularly to tackle the Peadiatric population.

*Thank you*



“ஈதல் இசைபட வாழ்தல் அதுவல்லது  
உனதீயம் இல்லை உயிர்க்கு”.  
வறியவர்க்கு வேண்டியதைக் கொடுத்தலும்,  
அதனால் வரும் புகழைப் பெற்று  
வாழ்வதே வாழ்க்கையின் பயனாகும்.

“உருணி நீர்நிறைந் தற்றே உலகவாம்  
போறி வானன் திரு”.

உலக நெறிக் கேற்ப உதவும் கொடைகனம்  
உள்ளவனது. செல்வம் ஊர் மக்கள் அருந்தும்  
குளத்தில் நீர் நிறைந்ததைப் போன்றதாகும்.

## Active Social Participation

- ▶ Chairman Indian Red Cross society, madurai district
- ▶ Member, Academic Council of S.V.N. College.
- ▶ Memeber, Confederation of Indian Industry
- ▶ Rotarian, PHF, Rotary Club, Rotary West, Madurai.
- ▶ Ex. Member, Madurai Medical Foundation - An organization head by  
distric collector to upgrade facilities in Madurai Govt. Hospitall
- ▶ Member, Indian Medical Association

பெற்ற தந்தைக்கு பெருமை சேர்த்து  
பேரும் புகழும் அவருக்கே அர்ப்பணித்து



**Dr. Pugalagiri Vadamalyan**, Chairman and Managing Director  
Vadamalayan Hospitals Pvt. Ltd. Madurai and Dindigul

- ▶ Member, All India Management Association
- ▶ Ex. Member Trustee, MEENAKSHI AMMAN TEMPLE.
- ▶ Founder & Managing Trustee, VADAMALAYAN MEMORIAL TRUST
- ▶ Patron, Indian Red Cross Society, Madurai District.
- ▶ Member - Confederation of India Industries
- ▶ Member - All India Management Association
- ▶ Patron - Madurai Nursing Home Board

மருத்துவ உலகின் மகுடமாய் திகழும்  
மன்னரே! மண்ணின் மைந்தரே! நீவிர் வாழ்க!



**Dr. G. Thilagavathy, M.D(Path)** **Dr. S. Rajendran, M.S., M.Ch(CTS)**

“அன்பும் அறனும் உடைத்தாயின் இழுவாழ்கை  
பண்பும் பயனும் அது”.

இல்லாவிடம் அன்பும் அறநெறியில் வாழும்  
வாழ்க்கையுமே இல்லறத்தின் பண்பும் பயனுமாகும்

“வையத்துள் வாழ்வாங்கு வாழ்பவன் வானுறையும்  
தெய்வத்துள் வைக்கப் படும்”.

உலக வாழ்வில் அறநெறியோடு வாழ்பவன்  
விண்ணுலகில் வாழும் தெய்வத்திற்கு ஒப்பாவான்.

**Dr.G.Thilagavathy** was an alumna of MDU MC (1960). After many years of service in various medical institutions in Tamilnadu. She became the Professor of Pathology in MDU MC in 1984. She was a great teacher and renowned pathologist. She was UG & PG Examiner for the Universities of TamilNadu, Karnataka, JIPMER etc. She conducted many CPCs. She chaired many slideseminars held at various Institutions in Tamilnadu. She was the Organising Chairperson of IAPM Conference held at Kanyakumari. After superannuation she was Director of G.K.Biopsy Centre, Madurai. **Awards** : **Doctors Day Award** by IMA Madurai and MMH & RC 2010 **MDU MC Alumni Award of Honour - Legend in Pathology** by IMA Madurai 2019.

**Dr.S.Rajendran** is a pioneer Cardiovascular and Thoracic Surgeon in South Tamilnadu. He got exclusive special fund for the department of CVTS of GRH for the first time convincing the then Health Secretary of Tamilnadu. He has also done the first series of Renal Transplantsin GRH, Madurai Kidney Centre and MMH & RC. **Awards** : **Life time Achievement Award** by TN MGR Medical University; **2012 Doctors' Day Award** by IMA Madurai and MMH & RC. **2009 Award of Honour** by IMA Madurai 2019.

காந்திய வழியில் சாந்தியைக் கண்டு  
எளிமை வாய்மை தூய்மை மூன்றால்

அறவழி நடந்து அன்பர்க் குதவும்  
எழிலார் தலைவர் ராஜேந்தி ரனாரே!



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- ▶ COLPOSCOPY, CRYOTHERAPY for cervical cancer.
- ▶ TUMOUR MARKERS, IHC, GENETIC SCREENING.



**OUR TEAM:**

Prof. *Dr. B.K.C. Mohan Prasad*, MS., MNAMS., M.Ch(Onc), FAIS., FAGE., FICA.

*Dr. Sarala Prasad*, MBBS., DA., MD.

*Dr. A. Jagadish Singh*, MS., M.Ch.(Onc), MRCS., FIALS.

*Dr. M. Satishkumar*, MS., M.Ch.(Onc), DNB., MRCS UK(Ed).

*Er. Rajeev Sudharsan*, MS., (USA)

Prof. *Dr. K. Mahalakshmi Prasad*, MD(RT).

*Dr. K. Jeyanthi Prasad*, MS(O&G), DNB(OG), FMIS.

*Dr. Dhauna Prasad*, MBBS., A.B.(Int. Medicine, Mayo Clinic, Rochester-USA)-Internal Medicine



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### Blood Donation Camp - IMA Madurai Branch & Rotary Club of Madurai Down Town on 15.8.2021



### Women Doctor's Wing "SWAYAM" Inauguration on 26.08.2021



## Wanted Bridegroom

Pillai, Vellalar, Mudaliyar

Bride's Qualification : **M.B.B.S., Preparing for NEET P.G.**

Date of Birth : 09.05.1998 at 5.37 a.m.

Father : **GM @ Textile Spinning Mill**

Mother : **Government Doctor**

One brother doing 1st yr M.B.B.S. @ Govt. College.

Rasi : **Kanni(Muthal Patham)**

Star : **Chitrai**

Expecting : **M.B.B.S., M.D.,**

**Contact : 99417 49260**





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# STATE PRESIDENT ELECT 2022

**Dr. T. SENTHAMILPARI**

We the members of IMA Chennai Perambur branch proudly present **Dr.T.Senthamilpari** as a candidate for the post **State President Elect 2022.**

- \* He was the President & Secretary of IMA Chennai Perambur.
- \* Founder Trustee of IMA Perambur Trust
- \* Past State Vice President of North Zone
- \* Past PPLSSS Secretary did exemplary work
- \* Central Working Committee Member 2016 - 2017 Past IMA CGP Representative

**Please Elect DR. T. SENTHAMIL PARI**  
**AS OUR STATE PRESIDENT ELECT - 2022**

- ❖ To streamline financial and accounting systems.
- ❖ To speed up the process of the recovery of all the misappropriated money.
- ❖ To motivate youngsters to join IMA and all its schemes.
- ❖ To improve leadership quality among young leaders and State Council members by conducting zonal leadership training programs.
- ❖ To encourage small branches to conduct State Council Meeting by giving financial support from IMATN
- ❖ To increase the reach and participation of young practising members by organising zonal level AMS & CGP Seminars.



**IMA CHENNAI PERAMBUR**





# Drug Induced Endocrinopathies

SEPTEMBER 2021



**Dr. V. Kumaravel**, M.B.B.S., M.D., DNB(Endo.), MNAMS  
Consultant Endocrinologist  
Alpha Hospital & Research centre  
Mobile: 9940582328



Drugs can cause endocrine abnormalities via different mechanisms, including direct alteration of hormone production, changes in the regulation of the feedback axis, on hormonal transport, binding and signalling, as well as similar changes to counter-regulatory hormone systems. Furthermore, drugs can interfere with the hormonal assays, leading to erroneous laboratory results that confuse clinicians from the right diagnosis. There are many commonly used drugs like steroids, OCP, psychotropics, prokinetics and antiepileptic drugs that can interfere with the endocrine gland or axis (Table-1), but we shall discuss drug induced thyroid disorders, diabetes and hyperprolactinemia in this review.

	Immune checkpoint inhibitors	Opioids	Psychotropics	Antiepileptic drugs	Glucocorticoids	Anabolic androgenic steroids	Oral contraceptives
Drug-induced pituitary dysfunction	+	+				+	
Drug-induced SIADH	+	+	+	+			
Drug-induced hyperprolactinemia		+	+				+
Drug-induced thyroid abnormalities	+		+	+			
Drug-induced calcium and vitamin D deregulation	+		+	+	+		
Drug-induced osteoporosis		+	+	+	+		
Drug-induced obesity			+	+	+		
Drug-induced diabetes	+		+	+	+		
Drug-induced dyslipidemia			+		+	+	
Drug-induced adrenal dysfunction	+	+			+		+
Drug-induced pheo crisis		+	+		+		
Drug-induced amenorrhea	+	+	+	+	+	+	
Drug-induced hyperandrogenemia				+	+	+	
Drug-induced PCOS			+	+		+	
Drug-induced male infertility and sperm abnormalities	+	+	+	+	+	+	

**Table-1: Common drugs and associated endocrinopathies**

## A. Drug-induced hyperprolactinemia

Hyperprolactinemia is a common laboratory finding and very often it is due to the use of certain medications. Elevation of serum prolactin (PRL) concentrations above 25µg/L is very often encountered during the 'hormonal check-up' of a female patient and in most cases is not related to the hypothalamic or pituitary pathology. Therefore, measurement of serum PRL levels should only be performed in patients who have clinical signs of hyperprolactinaemia such as menstrual irregularities, fertility problems, galactorrhoea or benign breast disease in women or signs of androgen deficiency (i.e. loss of libido or erectile dysfunction) in men. When assessing a patient with symptomatic hyperprolactinemia and before performing the magnetic resonance imaging (MRI) of the pituitary one must always exclude the potential effects of medications (Table-2), that cause hyperprolactinemia.

In order to rule out drug-induced hyperprolactinemia, it is recommended to discontinue the medication for at least 3 days or substitute it with an alternative drug and then re-evaluate serum PRL concentrations, whenever feasible. When asymptomatic, hyperprolactinaemia usually does not



SEPTEMBER 2021

require treatment. If symptomatic (i.e. galactorrhoea, amenorrhea, bone loss or androgen deficiency symptoms in men), it is recommended to substitute for a drug with similar action, which does not cause hyperprolactinaemia. If this is not possible one might consider the cautious administration of a dopamine agonist (i.e. bromocriptine or cabergoline), however, always in consultation with the patient's psychiatrist/endocrinologist. Dopamine agonists have been shown to normalize serum PRL concentrations of such patients but on the other hand pose a risk of the exacerbation of the psychotic symptoms . When the signs of hypogonadism related to the drug-induced hyperprolactinaemia are evident or there is an increased risk of bone loss, it is recommended to add estrogen or testosterone replacement therapy.

Drug class	Drugs
Drugs causing moderate hyperprolactinemia (PRL <100 µg/L)	
Estrogens	OCs
Estrogen replacement therapy	
Tricyclic antidepressants	Doxepin, Amitriptyline
Selective serotonin reuptake inhibitors	Fluoxetine, Paroxetine, Sertraline, Citalopram, Fluvoxamine
Antihypertensives	Verapamil, Methyldopa
Opiates	Tramadol, Buprenorphine, Methadone
Drugs causing significant hyperprolactinemia (PRL >200 µg/L)	
Antipsychotic drugs	Phenothiazines (chlorpromazine, levomepromazine, perphenazine, thioridazine)
	Butyrophenones (haloperidol, benperidol)
	Risperidone, Paliperidone
	Promethazine (phenothiazine derivative)
First generation anti-histamines	Domperidone (butyrophenone derivative)
Anti-emetics	Metoclopramide

Table-2: Drugs inducing moderate or significant hyperprolactinemia

Contd.... in next issue

## An Appeal to our IMA Members

*Respected Colleagues!*

IMA Madurai Branch whole heartedly invites you to utilise our IMA Building for your family functions, Social functions, classmates get together, family get together functions etc., This will give more strength to our IMA and establishes a bond between you and IMA.

This will generate more income to IMA which will help to provide more amenities in the building and also in the construction of proposed new guests rooms in the campus.

*R. Ravindran*

**Dr. R. Ravindran**  
President

Yours sincerely

*Dr. M. Amanullah*

**Dr. M. Amanullah**  
Hony. Secretary

## Obituary



IMA Madurai is sad to intimate the demise of one of our Senior Member **Dr. S. Vijayalakshmi, M.B.B.S., DGO**, on **11.08.2021** May her soul rest in peace.

IMA Madurai is sad to intimate the demise of one of our Senior Member **Dr. S. Gheetha, M.B.B.S.**, on **23.08.2021** May her soul rest in peace.





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**Dr.V.RAVINDRANATH**, M.S., M.N.A.M.S., M.Ch.,

**Dr.R.RAJEEV AYYAPPAN**, M.S., M.Ch., (URO)

**Dr.N. VIJAYASANKARAN**, M.S., M.Ch.,

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## My IMA Mission Statement..

Dr KM Abul Hasan

- As a President elect candidate, I shall strive to ensure fearless practice for all, safeguard small hospitals, enhance participation of young medicos and thereby transform IMA into an indelible and responsible stakeholder of healthcare delivery, particularly with the Government, Doctors and the society in general.
- Please Elect me as the IMA TNSB President Elect 2023 (President 2024).

**Online Election Date : 26-9-2021**

### Positions held in IMA

- Hon. Secretary - Nursing Home Board 2007 - 10
- Hon. Secretary - College of General Practitioner 2013 - 14
- Hon. Secretary - Academy of Medical Speciality 2011 - 12
- Vice Chairman - PPLSSS 2017
- Management Committee Member - FSS 2017 - 19
- Vice President - West Zone IMA TNSB 2016
- National Chairman - Junior Doctors Network 2018 till date
- National Convener - IMA Covid Martyrs Registry Committee 2020 -21
- Chairperson - Medical Students Network IMA TNSB



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Dr. P. Vadamalayan was one of the few visionaries of the post-independence era who placed the nation over self and home. Healthcare being the cornerstone of a nation's health, he built the Vadamalayan Nursing home in 1957 which was inaugurated by the then Chief Minister of Tamil Nadu Thiru K Kamarajar. Personalised and customised healthcare has been the aim of the hospital since inception.

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